

January-June 2015 COURSE CATALOG

Serving the Southeast including Alabama, Florida, Georgia, Kentucky
Mississippi, North Carolina, Tennessee, and South Carolina



2612 Cypress Ridge Blvd., Ste. 101 • Wesley Chapel, FL 33544

Phone: 813-994-1195 • Fax: 813-994-1173 • www.usfotcenter.org • usfotioutreach@health.usf.edu

OSHA[®]

Training Institute
Education Centers

The University of
South Florida

Who We Are



The USF OSHA Training Institute (OTI) Education Center is headquartered in Wesley Chapel, Fla., just north of beautiful Tampa Bay. As part of OSHA Region IV—comprised of the following states: Alabama, Georgia, Florida, Kentucky, Mississippi, North Carolina, South Carolina and Tennessee—we serve the Southeast and beyond to support the overall mission of reducing workplace accidents and injuries by training workers, employers and safety professionals on hazard recognition and avoidance.

Since the organizations inception in 2003, more than 6,300 adults have received safety and health training from the USF OTI Education Center in a classroom setting and more than 7,400 students have attended our online courses.

The OSHA Training Institute (OTI) Education Centers are a national network of non-profit organizations authorized by OSHA to deliver occupational safety and health training to public and private sector workers, supervisors and employers on behalf of OSHA. We invite you to experience firsthand what sets us apart from other training providers and to join us in keeping workers safe!

What's New

- ◇ **"ABIH has previously awarded CM credit for this event. The current event contains XX hours which can be claimed for CM credit." Rules and additional information for event providers is available at: <http://www.abih.org/maintain-certification/cm-credit-education-events>**
- ◇ **Increased allotted time to complete any Professional Certificate: Take three years instead of two to complete your PCG, PCC, or PCM! See page 8 for more information.**
- ◇ **Back by popular demand: MORE classes scheduled in southern Florida!**
- ◇ **29 CFR 1926 and 1910 are available for purchase at <http://usfotocenter.org/osha-standards-books/>. Discounts are offered when purchased in bulk.**
- ◇ **Public Sector Safety & Health Fundamentals for Construction and General Industry**

Continuing Education

Accreditation and CEUs

The University of South Florida Office of Continuing Professional Development is continually updating its providerships with various organizations. Please check the website for new CEU opportunities.

General CEUs

A continuing education unit (CEU) is defined as 10 contact hours of participation in an organized continuing education experience under responsible sponsorship, capable direction and qualified instruction. CEUs provide a measure of educational achievement, and are widely recognized by employers, industry, professional associations, and certification and licensing agencies as evidence of education progress. Participants who successfully complete programs that qualify for Continuing Education Units will receive CEUs according to this scale.

American Board of Industrial Hygiene

The American Board of Industrial Hygiene offers "Certification Maintenance" points for specific courses, which have been registered by the University of South Florida Office of Continuing Professional Development.

Board of Certified Safety Professionals

The Board of Certified Safety Professionals offers "Continuance of Certification" points. However, it is the responsibility of the student to calculate the hours. For every CEU (10 contact hours), one COC is awarded.

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Registration Information

Registration: Register securely online at www.usfotocenter.org or by calling 1-800-852-5362. All listed course prices include cost of student manuals, required course materials and corresponding Code of Federal Regulations (CFR). For general inquiries about courses offered, please call our main office number (813) 994-1195.

Payment Policy: Checks must be made payable to USF HPCC (Federal ID #16-1765073). Note to Florida State Agencies: Journal transfers are not accepted. We accept Visa, MasterCard and American Express. A \$35 fee will be charged on any returned checks or declined credit cards. Both check and credit card transactions are processed in US dollars and are subject to the current exchange rates.

Dress Code: No dress code is enforced; however, relaxed and comfortable dress throughout the course is recommended. Participants are encouraged to bring a jacket to the courses as the temperature in meeting rooms often varies. Please check your individual course for any additional dress requirements.

Confirmation: Upon receipt of your completed registration, you will receive confirmation by email.

Course Locations: Courses are held at various locations throughout OSHA Region IV to accommodate the needs of our students. Please go to our website at www.usfotocenter.org for maps and further directions to each course location.

Contract Training: We can customize our courses to meet your specific needs and offer the course at a location of your choice. For more information, please contact call us at (813) 994-1195 or email us at usfotioutreach@health.usf.edu

Cancellation Policy: Cancellation notification must be in writing (fax or email are acceptable) and received (not postmarked) 5 days prior to the start of the course. A cancellation fee equal to 25% will be assessed. Please allow up to 2-3 weeks for any refunds.

The USF Office of Continuing Professional Development reserves the right to cancel activities due to unforeseen circumstances. In the event of such cancellation, only the registration fee will be returned to the registrant. The USF Office of Continuing Professional Development will not be responsible for any travel expenses incurred in case of cancellation. Classes are confirmed 2 weeks prior to the start date.

Accommodations for Disabilities: Please notify the University of South Florida OTI Education Center at 2612 Cypress Ridge Blvd. Suite 101 Wesley Chapel, FL 33544 or call (813) 994-1195 a minimum of ten working days in advance of the course if a reasonable accommodation for disability is needed.



USF OSHA TRAINING INSTITUTE EDUCATION CENTER
College of Public Health

2612 Cypress Ridge Blvd.; Suite 101. Wesley Chapel, FL 33544 • (813) 994-1195 • FAX (813) 974-1173 • www.usfotocenter.org
The University of South Florida is an Affirmative Action/Equal Access/Equal Opportunity Institution

Online Courses

Do you or your employees need training? Save time and spare the expense of travel to and from a training center by completing training online!

- ◇ 10 Hour Construction
- ◇ 10 Hour General Industry
- ◇ 30 Hour Construction
- ◇ 30 Hour General Industry
- ◇ 24 Hour HAZWOPER
- ◇ 8 Hour HAZWOPER
- ◇ 4-hour Recordkeeping
- ◇ Safe Teen Jobs Awareness

We also offer the following Specialty 1-Hour Online Courses:

Construction:

- ◇ 9040 Introduction to OSHA
- ◇ 9041 OSHA Standards and Inspection Procedures
- ◇ 9043 Recordkeeping for Construction
- ◇ 9044 Health Hazards in Construction
- ◇ 9049 Safety Programs and Subpart C
- ◇ 9050 Rigging and Material Handling
- ◇ 9052 Electrical
- ◇ 9053 Excavations
- ◇ 9054 Fire Prevention
- ◇ 9055 Scaffolds
- ◇ 9056 Personal Protective Equipment
- ◇ 9057 Fall Protection
- ◇ 9058 Stairways and Ladders
- ◇ 9059 OSHAGHS and Hazard Communication
- ◇ 9060 Concrete and Masonry

General Industry

- ◇ 9070 Introduction to OSHA
- ◇ 9073 Recordkeeping
- ◇ 9074 Bloodborne Pathogens
- ◇ 9075 Confined Space Entry
- ◇ 9077 Ergonomics
- ◇ 9079 Safety and Health Programs
- ◇ 9081 Machine Guarding
- ◇ 9083 Lockout/Tagout
- ◇ 9085 Walking and Working Surfaces
- ◇ 9086 Personal Protective Equipment
- ◇ 9087 Fire Detection and Protection
- ◇ 9089 OSHA GHS& Hazard Communication

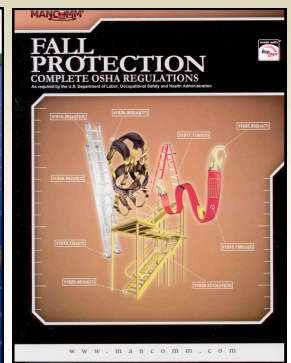
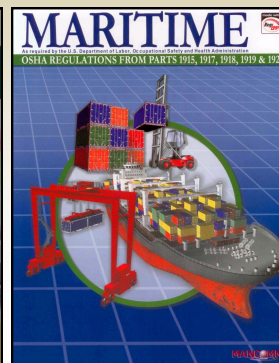
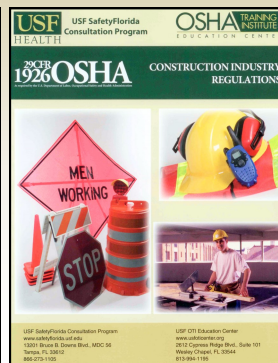
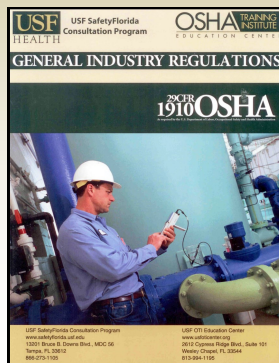
All online courses are 100% online and are available 24/7.

Register for your course online www.usfotcenter.org

Book Orders

- ◇ 29 CFR 1926 Construction (also available in Spanish)
- ◇ 29 CFR 1910 General Industry
- ◇ 29 CFR 1915, 1917, 1918 Maritime

Visit our website to order your copy today!



www.usfotcenter.org

Contract Courses

If your company needs to **train multiple employees** and would benefit from a **flexible schedule** and **special rates**, contact us today at (813) 994-1195 to learn more about contract courses! You can also email us at usfotioutreach@health.usf.edu
Training can be scheduled for weekdays or weekends and can be held at your facility, our training facilities in Wesley Chapel, FL or another location of your choice.

OSHA Outreach Courses

Completion of any of these courses will provide an official US Department of Labor card:

- OSHA 10-Hour Construction
- OSHA 30-Hour Construction
- OSHA 10-Hour General Industry
- OSHA 30-Hour General Industry
- OSHA 7600 Disaster Site Worker
- OSHA 10-Hour Maritime (#7615 Shipyards, #7617 Marine Terminals, and #7618 Longshoring available)
- OSHA 30-Hour Maritime (#7635 Shipyards, #7637 Marine Terminals, and #7638 Longshoring available)

Specialized Safety Courses

- OSHA 7000 - OSHA Training Guidelines for Safe Patient Handling
- OSHA 7005 - Public Warehousing and Storage
- OSHA 7100 - Introduction to Machinery and Machine Safeguarding
- OSHA 7105 - Introduction to Evacuation and Emergency Planning
- OSHA 7115 - Lockout/Tagout
- OSHA 7120 - Introduction to Combustible Dust Hazards
- OSHA 7200 - Bloodborne Pathogens Exposure Control for Healthcare Facilities
- OSHA 7205 - Health Hazard Awareness
- OSHA 7210 - Pandemic Influenza and Preparedness
- OSHA 7300 - Understanding OSHA's Permit Required Confined Space Standards
- OSHA 7400 - Noise Hazards in the Construction Industry
- OSHA 7405 - Fall Hazard Awareness for the Construction Industry
- OSHA 7410 - Managing Excavation Hazards
- OSHA 7415 - Construction Industry Hazards and Prevention Strategies
- OSHA 7500 - Introduction to Safety and Health Management
- OSHA 7505 - Introduction to Accident Investigation
- OSHA 7510 - Introduction to OSHA for Small Business
- OSHA 7845 - Recordkeeping Rules Seminar

Other Safety Courses

We can build a course that caters to your work safety needs or provide any other course listed in our course catalog. Contact us today to find out more at (813) 994-1195 or by sending an e-mail to usfotioutreach@health.usf.edu

Professional Certificate Programs

Professional Certificate in General Industry (PCG)*

Required Courses: 4 Courses

- ◆ OSHA 511 Occupational Safety and Health Standards for General Industry **OR**
OSHA 501 Trainer Course in OSHA Standards for General Industry** **OR**
OSHA 503 Update for General Industry Outreach Trainers** **OR**
OSHA 6000 Collateral Duty Course for Other Federal Agencies
- ◆ OSHA 521 OSHA Guide to Industrial Hygiene
- ◆ OSHA 2045 Machinery and Machine Guarding Standards
- ◆ OSHA 7500 Introduction to Safety and Health Management

Elective Courses: Choose 5

- ◆ OSHA 2015 Hazardous Materials
- ◆ OSHA 2225 Respiratory Protection
- ◆ OSHA 2264 Permit-Required Confined Space Entry
- ◆ OSHA 3095 Electrical Standards

- ◆ OSHA 3015 Excavation, Trenching and Soil Mechanics
- ◆ OSHA 3115 Fall Protection
- ◆ OSHA 7000 OSHA Training Guidelines for Safe Patient Handling
- ◆ OSHA 7005 Public Warehousing and Storage
- ◆ OSHA 7100 Introduction to Machinery and Machine Safeguarding
- ◆ OSHA 7105 Evacuation and Emergency Planning
- ◆ OSHA 7115 Lockout / Tagout
- ◆ OSHA 7200 Bloodborne Pathogens Exposure Control for Healthcare Facilities
- ◆ OSHA 7205 Health Hazard Awareness
- ◆ OSHA 7300 Understanding OSHA's Permit-Required Confined Space Standard
- ◆ OSHA 7505 Introduction to Accident Investigation
- ◆ OSHA 7510 Introduction to OSHA for Small Business
- ◆ OSHA 7845 Recordkeeping Rule Seminar

Professional Certificate in Construction (PCC)*

Required Courses: 4 Courses

- ◆ OSHA 510 Occupational Safety and Health Standards for Construction **OR**
OSHA 500 Trainer Course in OSHA Standards for Construction** **OR**
OSHA 502 Update for Construction Industry Outreach Trainers**
- ◆ OSHA 521 OSHA Guide to Industrial Hygiene
- ◆ OSHA 3015 Excavation, Trenching and Soil Mechanics
- ◆ OSHA 3115 Fall Protection

Elective Courses: Choose 5

- ◆ OSHA 2264 Permit-Required Confined Space Entry
- ◆ OSHA 3095 Electrical Standards
- ◆ OSHA 2055 Cranes in Construction

- ◆ OSHA 7105 Evacuation and Emergency Planning
- ◆ OSHA 7205 Health Hazard Awareness
- ◆ OSHA 7300 Understanding OSHA's Permit-Required Confined Space Standard
- ◆ OSHA 7400 Noise Hazards in the Construction Industry
- ◆ OSHA 7405 Fall Hazard Awareness for the Construction Industry
- ◆ OSHA 7410 Managing Excavation Hazards
- ◆ OSHA 7415 Construction Industry Hazards and Prevention Strategies
- ◆ OSHA 7500 Introduction to Safety and Health Management
- ◆ OSHA 7505 Introduction to Accident Investigation
- ◆ OSHA 7510 Introduction to OSHA for Small Business
- ◆ OSHA 7845 Recordkeeping Rule Seminar

Professional Certificate in Maritime (PCM)*

Required Courses: 4 Courses*

- ◆ OSHA 5410 Occupational Safety and Health Standards for the Maritime Industry **OR**
OSHA 5400 Trainer Course in OSHA Standards for the Maritime Industry** **OR**
OSHA 5402 Maritime Industry Trainer Update Course**
- ◆ OSHA 2225 Respiratory Protection
- ◆ OSHA 2264 Permit Required Confined Space Entry
- ◆ OSHA 7500 Introduction to Safety and Health Management

Elective Courses: Choose 5

- ◆ OSHA 521 OSHA Guide to Industrial Hygiene
- ◆ OSHA 2015 Hazardous Materials
- ◆ OSHA 2045 Machinery and Machine Guarding Standards
- ◆ OSHA 3095 Electrical Standards
- ◆ OSHA 7105 Evacuation and Emergency Planning
- ◆ OSHA 7205 Health Hazard Awareness
- ◆ OSHA 7505 Introduction to Accident Investigation
- ◆ OSHA 7845 Recordkeeping Rule Seminar
- ◆ OSHA 7510 Introduction to OSHA for Small Business

Check website for updates and application.

www.usfotocenter.org

USF OSHA Training Institute Education Center

Certificate Programs Frequently Asked Questions

Regardless of your educational background, the USF Certificate Programs provide both experienced and newer safety professionals important workplace knowledge and practical experience regarding safety and safety standards. Participants will enjoy a fulfilling learning experience and gain the skills necessary to create solutions for workplace safety challenges.

Is there a set schedule of courses for certificate programs?

No. Any course listed on the USF OTI Education Center website or course brochure is applied towards the certificate.

I already have a bachelor's degree and I am employed. Would a certificate program benefit me?

Yes. Certificate programs offer concentrated study in areas directly applicable to many jobs and can add depth to existing knowledge and skills. Completion of a certificate program can help you make the transition to a new career.

How will I benefit from this certificate?

You will become aware of government agencies that affect your industry. You will learn to communicate safety and health problems to your team in order to reduce injuries and health problems in your workplace. We will help you get started on developing an effective safety program.

What is the cost to enroll in each certificate program?

There is a certificate fee: \$150 non-refundable fee to enroll in each of the USF OTI Education Center Certificate Programs. For individual course fees, see the details on our website at www.usfotcenter.org. Each course is paid for at the time of enrollment.

Can I take courses without being enrolled in the certificate program?

Yes. The certificate program consists of courses from our regular curriculum, so some students work toward a certificate while others do not. From the date of your application for the certificate program, you have three years to complete the required coursework.

Can I pursue more than one certificate program at the same time?

Yes, as long as requirements for all certificates are met.

In what order should I take the courses after finishing the fundamental OSHA courses?

There is no required order to the coursework. Once you have completed the prerequisite courses listed previously you can take any course in your area of interest.

What course should I take first?

If you are new to safety, we recommend you begin your coursework with OSHA Standard based courses depending on your industry:

- OSHA 510-Occupational Health and Safety Standards for the Construction Industry
- OSHA 511-Occupational Health and Safety Standards for General Industry

Do I have to take all courses through the University of South Florida OTI Education Center?

All courses applied to a certificate program must be taken from University of South Florida. Previous courses taken with USF OTI Education Center will apply.

How long do I have to complete the certificate?

From the date of your application for the certificate program, you have three years to complete the required coursework.

Do I get college credit for any of these courses?

The University of South Florida does not offer college credit for these courses. However, several colleges nationwide do apply some of these courses toward an undergraduate degree. Check with individual colleges or universities.

***Note: Certificate Program courses are subject to change without notice.**

**** Students must meet prerequisites before enrolling in this course.**

www.usfotcenter.org

Public Sector Safety & Health Fundamentals Certificate Programs

Construction Industry Certificate:

Required Courses:

- ◆ OSHA 510 Occupational Safety and Health Standards for Construction
- ◆ OSHA 7500 Introduction to Safety and Health Management
- ◆ OSHA 7505 Introduction to Accident Investigation

Elective Courses:

- ◆ OSHA 3015 Excavation, Trenching and Soil Mechanics **OR**
OSHA 7410 Managing Excavation Hazards
- ◆ OSHA 3095 Electrical Standards
- ◆ OSHA 3115 Fall Protection **OR**
OSHA 7405 Fall Hazard Awareness for the Construction Industry
- ◆ OSHA 7105 Evacuation and Emergency Planning
- ◆ OSHA 7110 Safe Bolting: Principles and Practices
- ◆ OSHA 7205 Health Hazard Awareness
- ◆ OSHA 7400 Noise Hazards in the Construction Industry
- ◆ OSHA 7845 Recordkeeping Rule Seminar

Participants must complete a minimum of seven (7) courses, comprised of required and elective courses that include a minimum of 68 contact hours of training through the OTI Education Center Program to complete the Public Sector Safety & Health Fundamentals for Construction certificate program.

- Participants must have completed the three (3) required courses listed above for a minimum of 39 contact hours of training.
- Participants must have completed a minimum of four (4) elective courses that include a minimum of 29 contact hours of training .

General Industry Certificate:

Required Courses:

- ◆ OTI 511 Occupational Safety and Health Standards for General Industry
- ◆ OSHA 7500 Introduction to Safety and Health Management
- ◆ OSHA 7505 Introduction to Accident Investigation

Elective Courses:

- ◆ OSHA 3095 Electrical Standards
- ◆ OSHA 2264 Permit-Required Confined Space Entry **OR**
OSHA 7300 Understanding OSHA's Permit-Required Confined Space Standard
- ◆ OSHA 7000 OSHA Training Guidelines for Safe Patient Handling
- ◆ OSHA 7005 Public Warehousing and Storage
- ◆ OSHA 7100 Introduction to Machinery and Machine Safeguarding
- ◆ OSHA 7105 Evacuation and Emergency Planning
- ◆ OSHA 7115 Lockout / Tagout
- ◆ OSHA 7200 Bloodborne Pathogens Exposure Control for Healthcare Facilities
- ◆ OSHA 7205 Health Hazard Awareness
- ◆ OSHA 7210 Pandemic Influenza and Preparedness
- ◆ OSHA 7845 Recordkeeping Rule Seminar

Participants must complete a minimum of seven (7) courses, comprised of required and elective courses that include a minimum of 68 contact hours of training through the OTI Education Center Program to complete the Public Sector Safety & Health Fundamentals for General Industry certificate program.

- Participants must have completed the three (3) required courses listed above for a minimum of 39 contact hours of training.
- Participants must have completed a minimum of four (4) elective courses that include a minimum of 29 contact hours of training .

For questions, please contact usfotioutreach@health.usf.edu

OSHA 500 - Trainer Course in OSHA Standards for Construction

General CEUs: 2.5

Course Fee: \$700

“ABIH has previously awarded CM credit for this event. The current event contains 26 hours which can be claimed for CM credit.”

Rules and additional information for Event Providers is available at:
<http://www.abih.org/maintain-certification/cm-credit-education-events>

START DATE	END DATE	CITY
Jan 12	Jan 15	Jacksonville, FL
Feb 09	Feb 12	Wesley Chapel, FL
Mar 09	Mar 12	Miramar, FL
Apr 06	Apr 09	Wesley Chapel, FL
Apr 20	Apr 23	Biloxi, MS
May 04	May 07	St. Augustine, FL
May 11	May 14	Miramar, FL
Jun 15	Jun 18	Biloxi, MS
Jun 22	Jun 25	St. Augustine, FL

* Dates and Locations are subject to change. Please visit our website to confirm any changes to our schedule.

This course is designed for individuals interested in teaching the 10- and 30-hour construction safety and health Outreach Training Program to their employees and other interested groups. Using OSHA Construction Standards as a guide, special emphasis is placed on those topics required in the 10- and 30-hour programs as well as those which are most hazardous. Students are briefed on effective instructional approaches and use of visual aids and handouts. This course allows the student to become a trainer in the OSHA Outreach Training Program, to conduct both 10- and 30-hour Construction Outreach classes, and to issue cards to participants after verifying course completion. Students who wish to participate as authorized Outreach trainers in the OSHA Outreach Training Program must prepare a presentation on an assigned OSHA Construction Outreach Training Program topic individually or as part of a group and successfully pass a written exam at the end of the course.

Minimum student contact hours: 26

Prerequisites: Students must successfully complete the [OSHA #510 Occupational Safety and Health Standards for Construction](#) and have five (5) years of safety and health work experience in the construction industry. A degree in occupational safety and health, a Certified Safety Professional (CSP) or a Certified Industrial Hygienist (CIH) designation may be substituted for two (2) years of work related experience. Students should obtain guidance on whether they meet this requirement from the OSHA Training Institute Education Center where they intend to receive the training. Authorized OSHA Outreach Training Program trainers are required to attend OSHA #502 Update for Construction Industry Outreach Trainers at least once every four (4) years to maintain their trainer status.

Course Topics:

- ◇ Introduction to OSHA Standards
- ◇ Safety programs
- ◇ OSHA inspections, targeting, and penalties
- ◇ Training techniques
- ◇ Hazard communication
- ◇ Health hazards in construction
- ◇ Walking and working surfaces
- ◇ Scaffolding
- ◇ Trenching
- ◇ Electrical
- ◇ Cranes and rigging
- ◇ Ladders and stairways
- ◇ Tools
- ◇ Welding
- ◇ Confined space entry
- ◇ Health hazards in construction
- ◇ Personal protective equipment
- ◇ Concrete construction
- ◇ Steel erection
- ◇ OSHA recordkeeping

Course Objectives:

- Upon completion of the course, participants will be able to:
- ◇ Define Construction terms found in the OSHA standards;
 - ◇ Present effective safety and health training programs in accordance with OSHA's construction standards, regulations and guidelines;
 - ◇ Identify hazards that occur in the construction industry and determine appropriate standards;
 - ◇ Prepare reports citing the conditions found; and
 - ◇ Identify methods to correct hazards.

OSHA 501 - Trainer Course in OSHA Standards for General Industry

General CEUs: 2.5

Course Fee: \$700

“ABIH has previously awarded CM credit for this event. The current event contains 26 hours which can be claimed for CM credit.”

Rules and additional information for Event Providers is available at:
<http://www.abih.org/maintain-certification/cm-credit-education-events>

START DATE	END DATE	CITY
Jan 20	Jan 23	Wesley Chapel, FL
Feb 17	Feb 20	Biloxi, MS
Feb 23	Feb 26	Orlando, FL
Mar 23	Mar 26	Clearwater, FL
Apr 13	Apr 16	Daytona Beach, FL
May 04	May 07	Miramar, FL
May 18	May 21	St. Augustine, FL
Jun 08	Jun 11	Wesley Chapel, FL

* Dates and Locations are subject to change. Please visit our website to confirm any changes to our schedule.

This course is designed for individuals interested in teaching the 10- and 30-hour general industry safety and health Outreach training program to their employees and other interested groups. Using the OSHA General Industry Standards as a guide, special emphasis is placed on those topics required in the 10- and 30-hour programs as well as those which are most hazardous. Students are briefed on effective instructional approaches and use of visual aids and handouts. This course allows the student to become a trainer in the OSHA Outreach Training Program, to conduct both 10- and 30-hour General Industry Outreach classes, and to issue cards to participants after verifying course completion. Students who wish to participate as authorized trainers in the OSHA Outreach Training Program must prepare a presentation on an assigned OSHA General Industry Outreach Training Program topic individually or as part of a group and successfully pass a written exam at the end of the course.

Minimum student contact hours: 26

Prerequisites: Students must successfully complete the [OSHA #511 Occupational Safety and Health Standards for General Industry](#) and have five (5) years of safety and health work experience in general industry. A degree in occupational safety and health, a Certified Safety Professional (CSP) or a Certified Industrial Hygienist (CIH) designation may be substituted for two (2) years of work related experience. Students should obtain guidance on whether they meet this requirement from the OSHA Training Institute Education Center where they intend to receive the training. Authorized OSHA General Industry Outreach Training Program trainers are required to attend OSHA #503 *Update for General Industry Outreach Trainers* at least once every four (4) years to maintain their trainer status.

Course Topics:

- ◇ Overview of the Outreach Training Program
- ◇ Introduction to OSHA standards
- ◇ Overview of the OSH Act and 29 CFR 1903
- ◇ Citations and proposed penalties
- ◇ Training techniques
- ◇ Means of egress and fire protection
- ◇ Personal protection equipment
- ◇ Material handling
- ◇ Electrical safety
- ◇ Hazard communication
- ◇ Introduction to industrial hygiene
- ◇ Machine guarding
- ◇ Lockout/tagout
- ◇ Walking/working surfaces
- ◇ OSHA recordkeeping
- ◇ Ergonomics
- ◇ Welding
- ◇ Permit-required confined spaces

Course Objectives:

- Upon completion of the course, participants will be able to:
- ◇ Locate OSHA safety and health standards, policies and procedures;
 - ◇ Describe the use of OSHA Standards and regulations to supplement an on-going safety and health program;
 - ◇ Identify common violations of OSHA standards such as lockout/tagout, walking and working surfaces, hazardous materials and welding; and
 - ◇ Describe how to conduct internal training on OSHA regulations and recordkeeping.

OSHA 502 - Update for Construction Industry Outreach Trainers

General CEUs: 1.7 Course Fee: \$500

“ABIH has previously awarded CM credit for this event. The current event contains 18 hours which can be claimed for CM credit.” Rules and additional information for Event Providers is available at:

<http://www.abih.org/maintain-certification/cm-credit-education-events>

START DATE	END DATE	CITY
Jan 12	Jan 14	Wesley Chapel, FL
Apr 6	Apr 8	Miramar, FL

* Dates and Locations are subject to change. Please visit our website to confirm any changes to our schedule.

This course is designed for Outreach Training Program trainers who have completed OSHA #500 Trainer Course in Occupational Safety and Health Standards for the Construction Industry and are authorized trainers in the OSHA Outreach Training Program. The course provides an update on OSHA Construction Standards, policies, and regulations. Upon course completion students will have the ability to demonstrate continued professional development in their field by applying effective adult learning principles and interactive training techniques to clearly identify, define, and explain construction industry hazards and acceptable corrective measures as they continue to teach the 10- and 30-hour Construction Outreach Training Program classes.

Minimum student contact hours: 18

OSHA 503 - Update for General Industry Outreach Trainers

General CEUs: 1.7 Course Fee: \$500

“ABIH has previously awarded CM credit for this event. The current event contains 18 hours which can be claimed for CM credit.” Rules and additional information for Event Providers is available at:

<http://www.abih.org/maintain-certification/cm-credit-education-events>

START DATE	END DATE	CITY
Jan 14	Jan 16	Wesley Chapel, FL
Apr 8	Apr 10	Miramar, FL

* Dates and Locations are subject to change. Please visit our website to confirm any changes to our schedule.

This course is designed for Outreach Training Program trainers who have completed OSHA #501 Trainer Course in Occupational Safety and Health Standards for General Industry and who are authorized trainers in the OSHA Outreach Training Program. The course provides an update on OSHA General Industry Standards, policies, and regulations. Upon course completion students will have the ability to demonstrate continued professional development in their field by applying effective adult learning principles and interactive training techniques to clearly identify, define, and explain general industry hazards and acceptable corrective measures as they continue to teach the 10- and 30-hour General Industry Outreach Training Program classes.

Minimum student contact hours: 18

IMPORTANT: Please provide a copy of your current authorized trainer card and prerequisite form to the USF OTI Education Center via fax to 813-994-1173. If you do not provide a copy before the course or bring it with you to the course a new card/certificate will not be issued until one is on file with the USF OTI Education Center Office. Please note that your card must not be more than 90 days expired. If the card is more than 90 days expired you will need to retake the trainer course (500 for Construction and 501 for General Industry) to remain active. If you do not have your card please contact the education center where you took the course for a copy or a letter stating that you are an authorized trainer and what your expiration date is.



OSHA 510 - Occupational Safety and Health Standards for Construction

General CEUs: 2.5

Course Fee: \$700

“ABIH has previously awarded CM credit for this event. The current event contains 26 hours which can be claimed for CM credit.” Rules and additional information for Event Providers is available at:
<http://www.abih.org/maintain-certification/cm-credit-education-events>

START DATE	END DATE	CITY
Jan 05	Jan 08	Jacksonville, FL
Jan 26	Jan 29	Wesley Chapel, FL
Feb 23	Feb 26	Miramar, FL
Mar 02	Mar 05	Jackson, MS
Mar 30	Apr 02	Wesley Chapel, FL
Mar 30	Apr 02	Biloxi, MS
Apr 06	Apr 09	St. Augustine, FL
Apr 20	Apr 23	Miramar, FL
May 18	May 21	Biloxi, MS
Jun 01	Jun 04	St. Augustine, FL
Jun 22	Jun 25	Orlando, FL
Jun 29	Jul 02	Miramar, FL

* Dates and Locations are subject to change. Please visit our website to confirm any changes to our schedule.

This course covers OSHA Standards, policies, and procedures in the construction industry. Topics include scope and application of the OSHA Construction Standards, construction safety and health principles, and special emphasis on those areas in construction which are most hazardous. Upon course completion students will have the ability to define construction terms found in the OSHA Construction Standards, identify hazards which occur in the construction industry, locate and determine appropriate OSHA Construction Standards, policies, and procedures, and describe the use of the OSHA Construction Standards and regulations to supplement an ongoing safety and health program.

Minimum student contact hours: 26

Testing Policy: To obtain a Certificate of Completion, the student trainer must pass (75%) the knowledge test in the #510 course. Students who do not pass the test the first time will be given one opportunity for a retest. The retest result is final. A Letter of Attendance will be issued to students who do not pass the retest at 75% or higher.

Course Topics:

- ◇ Introduction to OSHA
- ◇ Hazard Violation Search Workshop
- ◇ Safety programs
- ◇ Recordkeeping
- ◇ Hazard communication
- ◇ Health hazards in construction
- ◇ Personal protective equipment
- ◇ Fire protection and prevention
- ◇ Materials handling
- ◇ Tools-hand and power
- ◇ Welding
- ◇ Electrical
- ◇ Scaffolding
- ◇ Fall protection
- ◇ Cranes and rigging
- ◇ Motor vehicles
- ◇ Excavation
- ◇ Concrete construction
- ◇ Steel erection
- ◇ Underground construction
- ◇ Demolition
- ◇ Blasting
- ◇ Stairways and ladders

Course Objectives:

- Upon completion of the course, participants will be able to:
- ◇ Select the appropriate OSHA standards that apply to a hazard;
 - ◇ Identify elements of a successful construction safety program;
 - ◇ Identify the more frequently cited OSHA standards; and
 - ◇ Implement an effective recordkeeping procedure.

OSHA 511 - Occupational Safety and Health Standards for General Industry

General CEUs: 2.5

Course Fee: \$700

“ABIH has previously awarded CM credit for this event. The current event contains 26 hours which can be claimed for CM credit.” Rules and additional information for Event Providers is available at: <http://www.abih.org/maintain-certification/cm-credit-education-events>

START DATE	END DATE	CITY
Jan 05	Jan 08	Biloxi, MS
Jan 12	Jan 15	Wesley Chapel, FL
Feb 09	Feb 12	Orlando, FL
Mar 09	Mar 12	Clearwater, FL
Apr 06	Apr 09	Daytona Beach, FL
Apr 20	Apr 23	Miramar, FL
May 11	May 14	Wesley Chapel, FL
Jun 08	Jun 11	Orlando, FL
Jun 22	Jun 25	Miramar, FL

* Dates and Locations are subject to change. Please visit our website to confirm any changes to our schedule.

This course covers OSHA Standards, policies, and procedures in general industry. Topics include scope and application of the OSHA General Industry Standards, general industry principles and special emphasis on those areas in general industry which are most hazardous. Upon course completion students will have the ability to define general industry terms found in the OSHA General Industry Standards, identify hazards which occur in general industry, locate and determine appropriate OSHA General Industry Standards, policies, and procedures, and describe the use of OSHA General Industry Standards and regulations to supplement an ongoing safety and health program.

Minimum student contact hours: 26

Testing Policy: To obtain a Certificate of Completion, the student trainer must pass (80%) the knowledge test in the #511 course. Students who do not pass the test the first time will be given one opportunity for a retest. The retest result is final. A Letter of Attendance will be issued to students who do not pass the retest at 80% or higher.

Course Topics:

- ◇ Hazard violation
- ◇ Means of egress and fire protection
- ◇ Personal protective equipment
- ◇ Material handling
- ◇ Electrical safety standards and work practices
- ◇ Hazard communication
- ◇ Introduction to industrial hygiene
- ◇ Machine guarding
- ◇ Lockout/Tagout
- ◇ Walking/working surfaces
- ◇ OSHA recordkeeping
- ◇ Ergonomics

Course Objectives:

- Upon completion of the course, participants will be able to:
- ◇ Locate and apply OSHA Safety and Health standards, policies and procedures;
 - ◇ Utilize OSHA standards and regulations to supplement an on-going safety and health program;
 - ◇ Identify common violations of OSHA standards and propose abatement actions
 - ◇ Describe appropriate abatement procedures for selected safety and health hazards.

OSHA 521 - OSHA Guide to Industrial Hygiene

General CEUs: 2.5 Course Fee: \$700

“ABIH has previously awarded CM credit for this event. The current event contains 26 hours which can be claimed for CM credit.” Rules and additional information for Event Providers is available at:

<http://www.abih.org/maintain-certification/cm-credit-education-events>

START DATE	END DATE	CITY
Mar 16	Mar 19	Miramar, FL
May 04	May 07	Jacksonville, FL

* Dates and Locations are subject to change. Please visit our website to confirm any changes to our schedule.

This course covers industrial hygiene practices and related OSHA regulations and procedures. Course topics include recognition, evaluation, and control of chemical, physical, biological and ergonomic hazards, Permissible Exposure Limits (PEL), OSHA health standards, respiratory protection, engineering controls, OSHA sampling protocols and strategies, and workplace health program elements. The course features workshops in health hazard recognition, OSHA health standards and use of sampling equipment. Upon course completion students will have the ability to recognize basic industrial hygiene principles and practices, identify characteristics of common air contaminants, locate PELs, perform basic industrial hygiene calculations, and determine methods for hazard control and abatement.

Minimum student contact hours: 26

Course Topics:

- ◇ Air contaminant sampling
- ◇ Air sampling workshops
- ◇ Compliance with air contaminant standards, hazard communication, hazardous waste standards, asbestos standard, bloodborne pathogens standard, the noise standard, respirator standard, ventilation standards and laboratory ventilation
- ◇ Detector tube sampling
- ◇ Elements of a workplace health program

OSHA 2015 - Hazardous Materials

General CEUs: 2.5 Course Fee: \$700

“ABIH has previously awarded CM credit for this event. The current event contains 26 hours which can be claimed for CM credit.” Rules and additional information for Event Providers is available at:

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START DATE	END DATE	CITY
Apr 13	Apr 16	Miramar, FL
Jun 22	Jun 25	Wesley Chapel, FL

* Dates and Locations are subject to change. Please visit our website to confirm any changes to our schedule.

This course covers OSHA General Industry Standards and other consensus and proprietary standards that relate to the use of hazardous materials. Course topics include flammable and combustible liquids, compressed gases, LP-gases, and cryogenic liquids. Related processes such as spraying and dipping, and use of electrical equipment in hazardous locations are also discussed. Upon course completion students will have the ability to assess compliance with OSHA hazardous materials standards, determine hazardous (classified) locations, and proper moving, storing, and handling of hazardous materials.

Minimum student contact hours: 26

Course Topics:

- ◇ Flammable and combustible liquids
- ◇ Compressed gases and LP-gas
- ◇ Cryogenic liquids
- ◇ Spraying and dipping processes
- ◇ Electrical equipment and welding
- ◇ Process safety management
- ◇ Hazardous waste operations and emergency response
- ◇ Permit-required confined space entry
- ◇ Ammonia

OSHA 2045 - Machinery and Machine Guarding Standards

General CEUs: 2.5

Course Fee: \$700

“ABIH has previously awarded CM credit for this event. The current event contains 26 hours which can be claimed for CM credit.” Rules and additional information for Event Providers is available at:

<http://www.abih.org/maintain-certification/cm-credit-education-events>

START DATE	END DATE	CITY
Jan 20	Jan 23	Wesley Chapel, FL
Mar 16	Mar 19	Biloxi, MS
Jun 22	Jun 25	Wesley Chapel, FL

* Dates and Locations are subject to change. Please visit our website to confirm any changes to our schedule.

This course covers the various types of common machinery, machine safe guards, and related OSHA regulations and procedures. Guidance is provided on the hazards associated with various types of machinery and the determination of proper machine safe guards. Course topics include machinery processes, mechanical motions, points of operation, control of hazardous energy sources (lockout/tagout), guarding of portable powered tools, and common OSHA machine guarding violations. Program highlights include the ability to recognize hazards and provide options for control and hazard abatement through machine safeguarding inspection workshops. Upon course completion students will have the ability to describe common machine hazards and sources of energy, identify resources for assisting with machine guarding issues, and determine methods of control and hazard abatement, and selection of appropriate machine safe guards.

Minimum student contact hours: 26

Special Course Benefits

Participants will tour a private sector facility with extensive and varied metalworking operations. Participants will also be given the opportunity to apply hazard recognition concepts on a site inspection at an operating facility with a variety of machine operations. They will evaluate and document any machinery and machine guarding hazards, and then return to the classroom to research the standards for citation references.

Course Objectives: Upon completion of the course, participants will be able to:

- ◇ Identify common machines and associated hazards found within a broad spectrum of industries;
- ◇ Identify hazards that occur around machinery, including but not limited to, woodworking equipment, metal working equipment, and mechanical power presses;
- ◇ Identify additional hazards common to abrasive wheels, power transmissions, mills and calendars, and portable tool safeguarding;
- ◇ Select appropriate OSHA standards that apply to a hazard; and
- ◇ Present options to achieve abatement.



OSHA 2225 - Respiratory Protection

General CEUs: 2.5 Course Fee: \$700

“ABIH has previously awarded CM credit for this event. The current event contains 26 hours which can be claimed for CM credit.” Rules and additional information for Event Providers is available at:

<http://www.abih.org/maintain-certification/cm-credit-education-events>

START DATE	END DATE	CITY
Jan 20	Jan 23	Miramar, FL

* Dates and Locations are subject to change. Please visit our website to confirm any changes to our schedule.

This course covers the requirements for the establishment, maintenance, and monitoring of a respiratory protection program. Course topics include terminology, OSHA Respiratory Protection Standards, NIOSH certification, respiratory protection programs, and medical evaluation requirements. Program highlights include workshops on respirator selection, qualitative and quantitative fit testing, and the use of respiratory protection and support equipment. Upon course completion students will have the ability to identify and describe the elements of a respiratory protection program, the proper selection, use, and inspection of respiratory protection, protection factors, and evaluate compliance with OSHA Standards.

Minimum student contact hours: 26

Special Course Benefits:

- ◇ Workshops on respirator selection
- ◇ Qualitative and quantitative fit testing
- ◇ Use of large array of respiratory and support equipment for hands-on training.

****If you would like to be Fit Tested, please contact our office for special instructions.**

OSHA 2255 - Principles of Ergonomics

General CEUs: 1.7 Course Fee: \$500

“ABIH has previously awarded CM credit for this event. The current event contains 18 hours which can be claimed for CM credit.” Rules and additional information for Event Providers is available at:

<http://www.abih.org/maintain-certification/cm-credit-education-events>

START DATE	END DATE	CITY
May 18	May 20	Wesley Chapel, FL

* Dates and Locations are subject to change. Please visit our website to confirm any changes to our schedule.

This course covers the use of ergonomic principles to recognize, evaluate, and control workplace conditions that cause or contribute to musculoskeletal and nerve disorders. Course topics include work physiology, anthropometry, musculoskeletal disorders, use of video display terminals, and risk factors such as vibration, temperature, material handling, repetition, and lifting and patient transfers in health care. Course emphasis is on industrial case studies covering analysis and design of work stations and equipment workshops in manual lifting, and coverage of current OSHA compliance policies and guidelines. Upon course completion students will have the ability to recognize work-related musculoskeletal and nerve disorders, assess employer’s ergonomic programs, and conduct ergonomic evaluations.

Minimum student contact hours: 18

Special Course Benefits

- ◇ Participants will conduct task analysis of actual videotaped jobs looking for musculoskeletal disorder risk factors.
- ◇ Working as a team, participants will then apply the concepts presented in the class to develop effective control strategies for each job.

OSHA 2264 - Permit-Required Confined Space Entry

General CEUs: 1.7 Course Fee: \$500

“ABIH has previously awarded CM credit for this event. The current event contains 20 hours which can be claimed for CM credit.” Rules and additional information for Event Providers is available at:

<http://www.abih.org/maintain-certification/cm-credit-education-events>

START DATE	END DATE	CITY
Jan 06	Jan 08	Clearwater, FL
Mar 03	Mar 05	Wesley Chapel, FL

* Dates and Locations are subject to change. Please visit our website to confirm any changes to our schedule.

This course covers the safety and health hazards associated with permit-required confined space entry. Course topics include recognition of confined space hazards, identification of permit and non-permit required confined spaces, use of instrumentation to evaluate atmospheric hazards, ventilation techniques, development and implementation of a confined space program, proper signage, and training requirements. This course features workshops on permit entry classification, instrumentation, and program development. Upon course completion students will have the ability to identify permit and non-permit required confined spaces, reference the OSHA Permit-Required Confined Spaces Standard, conduct atmospheric testing, and implement a permit-required confined space program.

Minimum student contact hours: 20

Course Topics:

- ◇ Permit space hazards
- ◇ Entry procedures
- ◇ Ventilation requirements
- ◇ Personal protective equipment
- ◇ Permit system

OSHA 3015 - Excavation, Trenching and Soil Mechanics

General CEUs: 1.9 Course Fee: \$500

“ABIH has previously awarded CM credit for this event. The current event contains 20 hours which can be claimed for CM credit.” Rules and additional information for Event Providers is available at:

<http://www.abih.org/maintain-certification/cm-credit-education-events>

START DATE	END DATE	CITY
Jan 27	Jan 29	West Palm Beach, FL

* Dates and Locations are subject to change. Please visit our website to confirm any changes to our schedule.

This course covers the OSHA Excavation Standard and safety and health aspects of excavation and trenching. Course topics include practical soil mechanics and its relationship to the stability of shored and unshored slopes and walls of excavations, introduction of various types of shoring (wood timbers and hydraulic), soil classification, and use of protective systems. Testing methods are demonstrated and students participate in workshops in the use of instruments such as penetrometers, torvane shears, and engineering rods. Upon course completion students will have the ability to assess their employer’s compliance with the OSHA Excavation Standard, utilize soil testing methods to classify soil types, determine protective systems for excavation operations, and training requirements.

Minimum student contact hours: 20

Course Topics:

- ◇ Excavations
- ◇ Soil classification
- ◇ Sloping and benching
- ◇ Timber shoring and trenches
- ◇ Aluminum hydraulic shoring for trenches
- ◇ Alternatives to timber shoring
- ◇ Selection of protective system

OSHA 3095 - Electrical Standards

General CEUs: 2.5 Course Fee: \$700

“ABIH has previously awarded CM credit for this event. The current event contains 26 hours which can be claimed for CM credit.” Rules and additional information for Event Providers is available at:

<http://www.abih.org/maintain-certification/cm-credit-education>

START DATE	END DATE	CITY
Feb 02	Feb 05	Wesley Chapel ,FL
Apr 27	Apr 30	Orlando, FL
May 11	May 14	Jackson, MS

* Dates and Locations are subject to change. Please visit our website to confirm any changes to our schedule.

This course covers OSHA Electrical Standards and the hazards associated with electrical installations and equipment. Course topics include single- and three-phase systems, cord- and plug-connected and fixed equipment, grounding, ground fault circuit interrupters, and safety-related work practices. Emphasis is placed on electrical hazard recognition and OSHA Standards, policies, and procedures and applicable portions of the National Electrical Code (NEC). Students will participate in workshops on the safe and correct use of electrical testing equipment. Upon course completion students will have the ability to understand the severity of electrical current on the human body, recognize and evaluate actual and potential electrical hazards and reference the applicable OSHA Standard, , determine hazard abatement measures, and understand the proper use of electrical testing equipment.

Minimum student contact hours: 26

Course Topics:

- ◇ Electrical fundamentals and grounding requirements
- ◇ Overcurrent protection
- ◇ Single- and three-phase systems
- ◇ Electrical requirements for portable equipment
- ◇ Electrical requirements for fixed equipment
- ◇ Ground fault circuit interrupters
- ◇ Hazardous locations
- ◇ Electrical safety-related work practices
- ◇ Dielectric personal protective equipment
- ◇ Temporary wiring
- ◇ Portable generators and branch circuits
- ◇ NFPA 70E

OSHA 3115 - Fall Protection

General CEUs: 1.9 Course Fee: \$500

“ABIH has previously awarded CM credit for this event. The current event contains 18 hours which can be claimed for CM credit.” Rules and additional information for Event Providers is available at:

<http://www.abih.org/maintain-certification/cm-credit-education-events>

START DATE	END DATE	CITY
Feb 17	Feb 19	Wesley Chapel, FL
Mar 24	Mar 26	Miramar, FL
Jun 02	Jun 04	Wesley Chapel, FL

* Dates and Locations are subject to change. Please visit our website to confirm any changes to our schedule.

This course covers the OSHA Fall Protection Standard for construction and an overview of fall protection methods. Course topics include principles of fall protection, components and limitations of fall arrest systems, and OSHA Standards and policies regarding fall protection. Students will participate in workshops demonstrating the inspection and use of fall protection equipment, residential construction fall protection, training requirements, and developing a fall protection program. Upon course completion students will have the ability to assess compliance with the OSHA Fall Protection Standard, evaluate installed passive systems and fall arrest systems, and develop and implement fall protection plans.

Minimum student contact hours: 18

Course Topics:

- ◇ 29 CFR 1926 Subpart M
- ◇ Sample Fall Protection plans
- ◇ Consensus standards and summaries
- ◇ Fall hazard analysis
- ◇ Fall accidents and fatalities
- ◇ Litigation decisions
- ◇ Pre and post test

OSHA 5400 - Trainer Course in OSHA Standards for the Maritime Industry

General CEUs: 2.5

Course Fee: \$700

“ABIH has previously awarded CM credit for this event. The current event contains 26 hours which can be claimed for CM credit.” Rules and additional information for Event Providers is available at: <http://www.abih.org/maintain-certification/cm-credit-education-events>

START DATE	END DATE	CITY
Feb 02	Feb 05	Wesley Chapel, FL
Mar 09	Mar 12	Miramar, FL
Apr 06	Apr 09	Orlando, FL
May 11	May 14	Biloxi, MS
Jun 01	Jun 04	Wesley Chapel, FL

* Dates and Locations are subject to change. Please visit our website to confirm any changes to our schedule.

This course is designed for individuals interested in teaching the 10- and 30-hour Maritime safety and health Outreach Training Program to their employees and other interested groups. Special emphasis is placed on those topics required in the 10- and 30-hour Outreach Training Program as well as the most hazardous in the maritime industry using OSHA Maritime Standards as a guide. Students are briefed on effective instructional approaches and use of visual aids and handouts. This course allows the student to become a trainer in the Outreach Training Program, to conduct 10- and 30-hour maritime classes in shipyard employment, marine terminals, and longshoring, and to issue cards to participants after verifying course completion. Students in OSHA #5400 Trainer Course in OSHA Standards for the Maritime Industry who wish to participate as authorized Outreach Trainer Program trainers in the OSHA Outreach Training Program must successfully prepare a presentation on an assigned OSHA maritime industry Outreach Training Program topic individually or as part of a group and successfully pass a written exam at the end of the course.

Minimum student contact hours: 26

Prerequisites: Students must successfully complete the OSHA #5410 *Occupational Safety and Health Standards for the Maritime Industry* and have three (3) years maritime industry experience and at least two (2) years of occupational safety and health experience (with a broad focus) in any industry, a degree in occupational safety and health from an accredited college or university, certification as an Associated Safety Professional (ASP), a Certified Safety Professional (CSP), a Certified Industrial Hygienist (CIH), a Certified Marine Chemist (CMC), or a Certified Safety and Health Manager (CSHM). Outreach Training Program trainers are required to attend OSHA #5402 *Maritime Industry Trainer Update Course* at least every four (4) years to maintain their trainer status.

Testing Policy: Authorized Trainers must possess both an active Trainer Card and certificate of course completion. To obtain these two credentials, the student trainer must pass (80%) both the performance test and the knowledge test in the OSHA #5400 course. Students who do not pass the test the first time will be given one opportunity for a retest. The retest result is final. A Letter of Attendance will be issued to students who do not meet the criteria to become an Authorized Trainer.

OSHA 5402 - Maritime Industry Trainer Update Course

General CEUs: 1.7 Course Fee: \$500

“ABIH has previously awarded CM credit for this event. The current event contains 18 hours which can be claimed for CM credit.” Rules and additional information for Event Providers is available at:

<http://www.abih.org/maintain-certification/cm-credit-education-events>

START DATE	END DATE	CITY
Apr 14	Apr 16	Jacksonville, FL

* Dates and Locations are subject to change. Please visit our website to confirm any changes to our schedule.

This course is designed for individuals who have successfully completed OSHA course #5400 Trainer Course in OSHA Standards for the Maritime Industry and are active Outreach Training Program trainers. The course updates the OSHA Maritime standards, policies, and regulations. Upon course completion students will have the ability to demonstrate continued professional development in their field by applying effective adult learning principles and interactive training techniques to clearly identify, define and explain maritime industry hazards and acceptable corrective measures as they continue to teach the 10- and 30-hour Outreach Training Program classes.

Minimum student contact hours: 18

Prerequisites: OSHA #5400 *Trainer Course in OSHA Standards for the Maritime Industry*. Authorized OSHA Outreach trainers are required to attend this course once every four (4) years to maintain their trainer status. Prior to registration, students must provide a copy of their current Outreach Training Program trainer card or an official transcript from the respective OSHA Training Institute Education Center to verify Outreach Training Program trainer authorized status.

OSHA 5410 - Occupational Safety and Health Standards for the Maritime Industry

General CEUs: 2.5 Course Fee: \$700

“ABIH has previously awarded CM credit for this event. The current event contains 35 hours which can be claimed for CM credit.” Rules and additional information for Event Providers is available at:

<http://www.abih.org/maintain-certification/cm-credit-education-events>

START DATE	END DATE	CITY
Jan 26	Jan 30	Wesley Chapel, FL
Feb 09	Feb 13	Biloxi, MS
Mar 16	Mar 20	Orlando, FL
Apr 27	May 01	Biloxi, MS
May 04	May 08	Wesley Chapel, FL

* Dates and Locations are subject to change. Please visit our website to confirm any changes to our schedule.

This course covers OSHA policies, procedures, and standards for the maritime industry. Using the OSHA Maritime Standards as a guide, special emphasis is placed on those areas in the maritime industry which are most hazardous. Upon course completion students will define maritime terms found in the OSHA Maritime Standards, identify hazards in the maritime industry and determine appropriate controls and abatement, locate OSHA Maritime Standards, policies and procedures, and describe the use of the OSHA Maritime Standards and regulations to supplement an ongoing safety and health program.

Minimum student contact hours: 35



OSHA 5600 - Disaster Site Worker Trainer Course

General CEUs: 2.5 Course Fee: \$700

“ABIH has previously awarded CM credit for this event. The current event contains 24 hours which can be claimed for CM credit.” Rules and additional information for Event Providers is available at:

<http://www.abih.org/maintain-certification/cm-credit-education-events>

START DATE	END DATE	CITY
Jan 12	Jan 15	Mobile, AL
Feb 02	Feb 05	Miramar, FL
Apr 06	Apr 09	Biloxi, MS
Jun 15	Jun 18	West Palm Beach, FL

* Dates and Locations are subject to change. Please visit our website to confirm any changes to our schedule.

This course prepares experienced Outreach Training Program trainers to present OSHA #7600 Disaster Site Worker Course, intended for second responders (those arriving hours or days after the event). Course topics include the National Response Framework, the Incident Command System, disaster work zone safety, respiratory protection, communication issues, applying elements of successful adult training programs, and knowledge, skills, and attitudes to awareness training about safety and health standards at natural and human-made disaster sites. Students are provided the opportunity to practice knowledge and skills through discussion, planned exercises, demonstrations, and presentations. Lesson plans and training materials for the OSHA #7600 Disaster Site Worker Course are provided. Students who wish to participate as authorized Disaster Site Worker trainers must prepare a presentation on an assigned disaster site worker topic individually or as part of a group. Successful completion of this course authorized students to become trainers in the Disaster Site Worker Outreach Training Program, to conduct the OSHA #7600 Disaster Site Worker Course, and to issue cards to participants after verifying course completion.

Minimum student contact hours: 24

Prerequisites:

- ◇ Please visit www.usfotocenter.org for required prerequisites or call 813-994-1195.

OSHA 5602 - Update for Disaster Site Worker Trainer Course

General CEUs: .8 Course Fee: \$200

“ABIH has previously awarded CM credit for this event. The current event contains 7.5 hours which can be claimed for CM credit.” Rules and additional information for Event Providers is available at:

<http://www.abih.org/maintain-certification/cm-credit-education-events>

START DATE	END DATE	CITY
Apr 07	Apr 07	Wesley Chapel, FL

* Dates and Locations are subject to change. Please visit our website to confirm any changes to our schedule.



This course is intended to update the authorized Disaster Site Worker trainer with new technical and regulatory information related to disaster response and the role of OSHA in coordinating occupational safety and health in the National Response Framework. Participants will have the opportunity to share "lessons learned" from teaching OSHA #7600 Disaster Site Worker Course.

Minimum student contact hours: 7.5

Prerequisites:

- ◇ OSHA #5600 Disaster Site Worker Trainer Course. Authorized Outreach Training Program trainers are required to attend this course once every four (4) years to maintain their trainer status. Prior to registration, students must provide a copy of their current Outreach Training Program trainer card or an official transcript from their respective OSHA Training Institute Education Center showing successful completion of the OSHA #5600 Disaster Site Worker Training Course for verification of Outreach Training Program trainer status.

OSHA 6000 - Collateral Duty Course for Other Federal Agencies

General CEUs: 1.9

Course Fee: \$700

“ABIH has previously awarded CM credit for this event. The current event contains 23 hours which can be claimed for CM credit.” Rules and additional information for Event Providers is available at: <http://www.abih.org/maintain-certification/cm-credit-education-events>

START DATE	END DATE	CITY
Feb 23	Feb 26	Miramar, FL
Jun 15	Jun 18	Wesley Chapel, FL

* Dates and Locations are subject to change. Please visit our website to confirm any changes to our schedule.

This course covers the OSH Act, Executive Order 12196, and the OSHA General Industry Standards. This course is intended for federal agency collateral duty safety and health personnel. With use of the OSHA General Industry Standards, special emphasis is placed on areas in general industry which are most hazardous. Upon course completion students will have the ability to define general industry terms, identify hazards that occur in general industry, determine appropriate standards and regulations for federal agencies, locate OSHA General Industry Standards, policies, and procedures, and describe the use of the OSHA General Industry Standards and regulations to effectively assist agency safety and health officers with inspection and abatement efforts.

Minimum student contact hours: 23

Special Course Benefits:

Participants will be introduced to the process of site inspection (i.e., what hazardous conditions of activities may be observed in the work environment). They will be taken to an active government facility where they will evaluate and document any observed hazards. After returning to the classroom, they will research and select the standards applicable to the observed hazards. Presentations of findings are made to the class.

The hazard violation workshop will introduce the participants to the format of the OSHA Standards. They will be shown how the numbering system works, then asked to identify the applicable standard for approximately 40 hazardous conditions.

Course Topics:

- ◇ Hazard communication
- ◇ Inspection field trip, write up and review
- ◇ Introduction to the OSHA Act and 29 CFR 1960
- ◇ Introduction to OSHA standards and hazard violation workshop and review
- ◇ Office safety
- ◇ Walking and working surfaces
- ◇ Means of egress and fire protection
- ◇ Personal protective equipment
- ◇ Material handling
- ◇ Electrical standards
- ◇ Introduction to industrial hygiene

Course Objectives:

- Upon completion of the course, participants will be able to:
- ◇ Describe the OSH Act 29 CFR 1960 and 29 CFR 1910;
 - ◇ Describe major provisions of Executive Order 12196;
 - ◇ Identify selected safety and health hazards and the corresponding OSHA Standards, such as machine guarding, portable tools, welding, cutting, and brazing;
 - ◇ Describe abatement methods for selected safety and health hazards such as hazardous materials; and
 - ◇ Explain and apply workplace inspection procedures consistent with established OSHA policies, procedures, and directives.

OSHA 6010 - Occupational Safety and Health Course for Other Federal Agencies

General CEUs: 6.5 Course Fee: \$1150

“ABIH has previously awarded CM credit for this event. The current event contains 53 hours which can be claimed for CM credit.” Rules and additional information for Event

Providers is available at:

<http://www.abih.org/maintain-certification/cm-credit-education-events>

START DATE	END DATE	CITY
Oct 06	Oct 16	Wesley Chapel, FL

* Dates and Locations are subject to change. Please visit our website to confirm any changes to our schedule.

This course covers the recognition, evaluation, and control of safety and health hazards for other federal agencies. Course topics include the OSH Act, Executive Order 12196, 29 CFR 1960 and 1910 General Industry Standards, understanding the Federal Safety and Health program regulations, identification of safety and health hazards, controlling hazards, hazard abatement, and construction focus four topics. This course is intended for federal employees responsible for the occupational safety and health programs at their respective agencies. Upon course completion students will have the ability to apply OSHA General Industry Standards and regulations pertaining to federal agencies, identify safety and health hazards, and control and hazard abatement.

Minimum student contact hours: 53

OSHA 7000 - OSHA Training Guidelines for Safe Patient Handling

General CEUs: .7 Course Fee: \$110

**Contact our office for more information
usfotioutreach@health.usf.edu**

This course covers OSHA ergonomic guidelines for safe patient handling and methods to protect workers in all health care settings. Using OSHA's Ergonomics Guidelines for Nursing Homes as a basis for any healthcare facility, this course focuses on analyzing and identifying ergonomic hazards and practical solutions to address these issues. Course topics include developing an ergonomic work process, risk factors in patient handling and transfers, identifying work processes with the potential for musculoskeletal injuries and illnesses, protocol for resident and patient assessment, and implementing solutions including work practices and engineering controls. Upon course completion students will have the ability to apply "OSHA's Ergonomics Guidelines for Nursing Homes" in their healthcare facility, understand the benefits of implementing an ergonomics process, and identify, analyze and develop solutions for ergonomic problem jobs in healthcare.

Minimum student contact hours: 7.5

OSHA 7005 - Public Warehousing and Storage

General CEUs: .7

**Contact our office for more
information
usfotioutreach@health.usf.edu**

Course Fee: \$110

This course covers the hazards and injuries likely to occur in public warehousing and storage operations, including encounters with powered industrial trucks, material handling, lifting and ergonomics, hazard communication, walking and working surfaces, and life safety including fire protection and evacuation. This course is intended for warehouse workers, supervisors, and employers responsible for developing safe work practices and procedures in a warehouse setting. Upon course completion students will have the ability to recognize the potential for injuries from forklifts, material handling and lifting, exposure to hazardous substances, slips, trips, and falls and methods to control and abate these hazards. Minimum student contact hours: 7

www.usfotocenter.org

OSHA 7100 - Introduction to Machinery and Machine Safeguarding

General CEUs: .4 **Course Fee:** \$75

START DATE	END DATE	CITY
Oct 09	Oct 09	Orlando, FL

* Dates and Locations are subject to change. Please visit our website to confirm any changes to our schedule.

This course covers the process to identify, select and properly safeguard machinery to protect employees and others in the work area and deliver appropriate training in safe work practices. Course topics include types of machinery requiring guarding, point of operation, emergency eyewash/shower requirements, hazard communication, OSHA Machinery and Machine Guarding Standards violations, and corrective actions. Upon course completion students will have the ability to explain hazardous actions and motions of various types of machinery, identify methods of safeguarding, and match identified safeguards with the applicable OSHA Machinery and Machine Guarding Standards to reduce and eliminate the potential for accidents and injuries.

Minimum student contact hours: 4

OSHA 7105 - Evacuation and Emergency Planning

General CEUs: .8 **Course Fee:** \$110

START DATE	END DATE	CITY
Sep 23	Sep 23	Daytona Beach, FL

* Dates and Locations are subject to change. Please visit our website to confirm any changes to our schedule.

This course covers OSHA requirements for emergency action and fire protection plans. Course topics include purpose and requirements of emergency action and fire prevention plans, elements of emergency evacuation plans, and features of design and maintenance of emergency exit routes. Students will participate in workshops pertaining to the development of emergency action plans. Upon course completion students will have the ability to list the elements of an emergency action plan and emergency evacuation floor plans, recognize violations of OSHA exit route requirements, determine whether their organization requires an emergency action plan, and develop and implement workplace emergency action and fire protection plans.

Minimum student contact hours: 4

OSHA 7115 - Lockout/Tagout

General CEUs: .6 **Course Fee:** \$110

START DATE	END DATE	CITY
Jul 30	Jul 30	Wesley Chapel, FL
Nov 03	Nov 03	Miramar, FL

* Dates and Locations are subject to change. Please visit our website to confirm any changes to our schedule.

This course covers the role and responsibility of the employer to develop and implement an energy control program, or lock-out/tag-out (LOTO) for the protection of workers while performing servicing and maintenance activities on machinery and equipment. Course topics include types of hazardous energy, detecting hazardous conditions, implementing control measures as they relate to the control of hazardous energy, developing and implementing energy control programs including written isolation procedures, training of authorized and affected employees, and periodic inspection of energy control procedures using the OSHA Control of Hazardous Energy Standard. Upon course completion the student will have the ability to explain the importance of energy control programs, procedures, training, audits and methods of controlling hazardous energy.

Minimum student contact hours: 7.5

OSHA 7120 - Introduction to Combustible Dust Hazards

General CEUs: 1.3 **Course Fee:** \$225

START DATE	END DATE	CITY
Jul 27	Jul 28	Wesley Chapel, FL

* Dates and Locations are subject to change. Please visit our website to confirm any changes to our schedule.

This course covers the hazards posed by combustible dust within general industry. Course topics include recognizing the hazards and risks associated with combustible dust, control of electrical installation hazards, and developing controls and strategies to prevent or mitigate combustible dust fires and explosions. Upon course completion the student will have the ability to utilize strategies that assure employee safety while using or producing materials that generate combustible dust and the ability to use OSHA Standards, National Fire Protection Association (NFPA) Standards, and other applicable consensus standards that impact industries which generate combustible dust.

Minimum student contact hours: 13

OSHA 7200 - Bloodborne Pathogens Exposure Control for Healthcare Facilities

General CEUs: .4 Course Fee: \$110

START DATE	END DATE	CITY
Feb 17	Feb 17	West Palm Beach, FL
Oct 06	Oct 06	Orlando, FL

* Dates and Locations are subject to change. Please visit our website to confirm any changes to our schedule.

This course covers the development and implementation of Exposure Control Plans (ECP) for healthcare facilities. Course topics include understanding the OSHA Bloodborne Pathogens Standard, determining potential exposure and methods of control, developing an ECP, vaccinations, exposure incidents, training, and record keeping. The target audience is the program administrator, manager, or other personnel designated with the responsibility of developing a Bloodborne Pathogens ECP for a healthcare facility. Course highlights include students developing a template for their facility's ECP. Upon course completion students will have the ability to take a step-by-step approach in developing an ECP for their healthcare facility while utilizing the OSHA Bloodborne Pathogens Standard as a reference. Minimum student contact hours: 7

OSHA 7205 - Health Hazard Awareness

General CEUs: .7 Course Fee: \$110

START DATE	END DATE	CITY
Feb 18	Feb 18	West Palm Beach, FL
Apr 13	Apr 13	Orlando, FL

* Dates and Locations are subject to change. Please visit our website to confirm any changes to our schedule.

This course covers common health hazards that are encountered in the workplace. These health hazards include exposure to chemicals, asbestos, silica and lead. Course topics include identification and evaluation of health hazards and their sources of exposure, health hazard information, and engineering and work practice controls. Students participate in workshops on evaluation and abatement of workplace health hazards. Upon course completion students will have the ability to understand common health hazards in the workplace and methods for controlling and abatement of these hazards. Minimum student contact hours: 6

OSHA 7210 - Pandemic Influenza Preparedness

General CEUs: .57

Course Fee: \$110

**Contact our office for more information:
usfotioutreach@health.usf.edu**

This course covers recognizing hazards and risks associated with a pandemic influenza event and developing strategies to assist a business, community, or family with realistic preparation for a pandemic event. Course topics include potential impact of a pandemic influenza event on a business and community, critical elements of a preparedness plan, and realistic strategies for supporting continuity of business. This course offers information on strategies that can be used to control the spread of the virus, minimizing exposure to employees and family, and resources available from OSHA and other government agencies. The intended audience is the business leader and members of their management team who may be integral to preparedness planning. Upon course completion, students will have the ability to prepare for a pandemic to assure business continuity and employee safety. Minimum student contact hours: 5.5

OSHA 7300 - Understanding OSHA's Permit-Required Confined Space Standard

General CEUs: .7 Course Fee: \$110

START DATE	END DATE	CITY
Apr 14	Apr 14	Orlando, FL

* Dates and Locations are subject to change. Please visit our website to confirm any changes to our schedule.

This course covers the requirements of the OSHA Permit-Required Confined Space Standard. Course topics include safety and health hazards associated with confined space entry, and the evaluation, prevention, and abatement of these hazards. The course covers OSHA requirements; it does not feature workshops (instrumentation, control methods and testing) which are included in the OSHA #2264 Permit-Required Confined Space Entry. This course is designed for small employers or a designated representative (line supervisor or manager) with the responsibility to develop a permit-required confined space program. Upon course completion students will have a basic understanding of confined space hazards, evaluating and abatement of the hazards, and determining when a confined space shall be classified as a permit-required confined space. Minimum student contact hours: 7

Course Topics:

- ◇ Scope and Definitions
- ◇ General Requirements
- ◇ Permit Space Program
- ◇ Training Requirements
- ◇ Employee Roles and Rescue



OSHA 7400 - Noise Hazards in the Construction Industry

General CEUs: .7 Course Fee: \$110

Contact our office for more information:
usfotioutreach@health.usf.edu



This course covers the evaluation and reduction of noise hazards in the construction industry. Course topics include OSHA Construction Noise Standards, properties of sound, noise-induced hearing loss, noise exposure control, selection and use of hearing protection, conducting sound level surveys, and worker training. Classroom demonstrations of noise instrumentation and hearing protection devices are featured. The target audience is the construction employer or representative designated with the responsibility to develop a construction noise program. Upon course completion students will understand the properties of sound and its relationship to noise-induced hearing loss, hearing protection usage, how to conduct sound level surveys and the requirements for training workers. Minimum student contact hours: 5.5

Course Objectives:

- ◇ Describe the properties of sound;
- ◇ Discuss noise-induced hearing loss;
- ◇ Explain OSHA's construction industry noise standards;
- ◇ Demonstrate the use of sound level meter and noise dosimeter;
- ◇ Describe methods of controlling noise exposure at construction sites; and
- ◇ Demonstrate the use of OSHA's construction noise outreach training material.

OSHA 7405 - Fall Hazard Awareness for the Construction Industry

General CEUs: .7 **Course Fee:** \$110

START DATE	END DATE	CITY
Aug 27	Aug 27	Wesley Chapel, FL
Nov 04	Nov 04	Miramar, FL
Dec 07	Dec 07	Jacksonville, FL

* Dates and Locations are subject to change. Please visit our website to confirm any changes to our schedule.

This course covers the identification, evaluation, prevention and control of fall hazards in the construction industry. The course focuses on falls to a lower level rather than falls to the same level resulting from slips and falls. Course topics include identifying, analyzing, and preventing fall hazards utilizing OSHA Fall Protection Standards. At the conclusion of the course, students will have an awareness level of identifying fall hazards and methods to control and abate the hazards. Minimum student contact hours: 5

OSHA 7415 - Construction Industry Hazards and Prevention Strategies

General CEUs: 1.2 **Course Fee:** \$225

START DATE	END DATE	CITY
Oct 29	Oct 30	Wesley Chapel, FL

* Dates and Locations are subject to change. Please visit our website to confirm any changes to our schedule.

This course provides federal and public sector employees with pertinent information regarding OSHA requirements and guidelines applicable to construction industry activities and operations. Topics include recognition of major safety and health hazards in the construction industry, prevention strategies, safety and health management systems, OSHA requirements and guidelines, and resources available. The course is an interactive training session focusing on class discussion and workshops. Upon course completion students will have an awareness level of the major construction hazards and prevention strategies. Minimum student contact hours: 12

OSHA 7410 - Managing Excavation Hazards

General CEUs: .6 **Course Fee:** \$110

START DATE	END DATE	CITY
Aug 28	Aug 28	Wesley Chapel, FL

* Dates and Locations are subject to change. Please visit our website to confirm any changes to our schedule.

This course covers the roles and responsibilities of the employer to educate and assign a competent person to excavation sites. Course topics include understanding and application of definitions relating to the OSHA Excavation Standard, excavation hazards and control measures, soil analysis techniques, protective system requirements and emergency response. Upon course completion, students will understand the importance and duties of a competent person in excavation work and have the knowledge and skills required performing these duties. Minimum student contact hours: 6.5

OSHA 7500 - Introduction to Safety and Health Management

General CEUs: .8 **Course Fee:** \$110

START DATE	END DATE	CITY
Feb 19	Feb 19	West Palm Beach, FL
Apr 15	Apr 15	Orlando, FL

* Dates and Locations are subject to change. Please visit our website to confirm any changes to our schedule.

This course covers the effective implementation of a company's safety and health management system. The course addresses the four core elements of an effective safety and health management system and those central issues that are critical to each element's proper management. This course is an interactive training session focusing on class discussion and workshops. Upon course completion students will have the ability to evaluate, develop, and implement an effective safety and health management system for their company. Minimum student contact hours: 5.5

OSHA 7505 - Introduction to Accident Investigation

General CEUs: .7 Course Fee: \$225

START DATE	END DATE	CITY
Apr 16	Apr 16	Orlando, FL

* Dates and Locations are subject to change. Please visit our website to confirm any changes to our schedule.

This course covers an introduction to basic accident investigation procedures and describes accident analysis techniques. Course topics include reasons for conducting accident investigations, employer responsibilities related to workplace accident investigations, and a six step accident investigation procedure. The target audience is the employer, manager, employee or employee representative who is involved in conducting accident and/or near-miss investigations. Upon course completion students will have the basic skills necessary to conduct an effective accident investigation at the workplace.

Minimum student contact hours: 7.5

OSHA 7845 - Recordkeeping Rule Seminar

General CEUs: .4 Course Fee: \$100

START DATE	END DATE	CITY
Feb 20	Feb 20	West Palm Beach, FL
Apr 16	Apr 16	Wesley Chapel, FL

* Dates and Locations are subject to change. Please visit our website to confirm any changes to our schedule.

This course covers OSHA requirements for maintaining and posting records of occupational injuries and illnesses, and reporting specific cases to OSHA. Upon course completion students will have the ability to identify OSHA requirements for recordkeeping, posting and reporting and to complete OSHA Form 300 *Log of Work-Related Injuries and Illnesses*, OSHA Form 300A *Summary of Work-Related Injuries and Illnesses*, and OSHA Form 301 *Injury and Illness Incident Report*.

Minimum student contact hours: 4

OSHA 7510 - Introduction to OSHA for Small Business

General CEUs: .7

Course Fee: \$50

START DATE	END DATE	CITY
Feb 20	Feb 20	West Palm Beach, FL

* Dates and Locations are subject to change. Please visit our website to confirm any changes to our schedule.

This course covers an introduction to the Occupational Safety and Health Administration (OSHA) and the OSH Act for owners and managers of small businesses. Course topics include an introduction to OSHA, OSHA Standards, the inspection process, implementing a safety and health program, worker training requirements and assistance available to small businesses. Upon course completion students will understand OSHA operations and procedures and how to work with OSHA to prevent or reduce injuries and illnesses in their workplace.

Minimum student contact hours: 3.5

9001 - Sub Part R-Steel Erection Safety Standards

General CEUs: .7 Course Fee: \$100

Course is available online or as a contract class. Contact our office for more details: usfotioutreach@health.usf.edu

This course provides steel erectors an awareness of steel erection standards contained in 1926 Sub Part R. Instruction includes the standard, the directive (which is a break down of what an OSHA compliance office will look for when visiting a job site), and "fill in the blank" help sheets to create a Site specific erection plan. Upon completion of this course the attendees will understand the safety requirements contained in Sub Part R, and be confident that they will be ready if a compliance officer visits their job site. Included in the course are training/signoff sheets to make employees aware of OSHA standards and inquiries that will be made on site by an OSHA officer. By meeting these requirements contractors will be offering a safe and confident working environment for their employees.

Fall Protection Qualified Person

General CEUs: 1.4 Course Fee: \$200

Course is available online or as a contract class. Contact our office for more details: usfotioutreach@health.usf.edu

This one-day course is designed to assist construction personnel in understanding and managing fall exposures. We will discuss OSHA requirements for fall protection. Best practices, in addition to minimum standards, will also be presented. This training will allow your employer to select you as the "Competent Person."

Course Topics:

- ◇ Guardrail & Net Systems
- ◇ Floor Holes & Falling Object Protection
- ◇ Personal Fall Arrest Systems
- ◇ Equipment Inspection & Maintenance
- ◇ Lifeline Systems
- ◇ Fall Exposures by Trade

Scaffolding Qualified Person

General CEUs: .7 Course Fee: \$200

Course is available online or as a contract class. Contact our office for more details: usfotioutreach@health.usf.edu

This one-day course is designed to assist construction personnel in understanding and managing scaffolds. We will discuss OSHA requirements for scaffolds and best practices. In addition, minimum standards will be presented. This training will allow your employer to select you as the "Competent Person."

Course Topics:

- ◇ Hazards and standards workshop
- ◇ Review of machinery and machine guarding
- ◇ Review of guarding and devices
- ◇ Control of hazardous energy sources (lockout/tagout)
- ◇ Electrical safety-related work practices

Course Topics:

- ◇ Introduction to Scaffolds
- ◇ Scaffold Capacity & Construction
- ◇ Scaffold Use & Fall Protection
- ◇ Suspended Scaffolds
- ◇ Aerial & Boom Lifts
- ◇ Specialty Scaffolds, Training & Review

40-Hour Hazardous Waste Operations and Emergency Response (HAZWOPER)

General CEUs: 4.0

Course Fee: \$550

START DATE	END DATE	CITY
Mar 02	Mar 06	Wesley Chapel, FL

* Dates and Locations are subject to change. Please visit our website to confirm any changes to our schedule.

This training course will help employees assess the hazards associated with uncontrolled hazardous waste sites to determine whether work can be conducted in a safe manner. Required competencies will be addressed through a combination of lecture, group exercises, and hands-on exercises.

Objectives:

Upon completion of the course, participants will be able to:

- ◇ Develop a level of competency that would allow employees to recognize unsafe conditions at uncontrolled hazardous waste sites
- ◇ Develop the necessary tools to evaluate site conditions
- ◇ Develop decision matrix for establishment of safe work atmospheres through engineering controls, administrative controls, and/or personnel protective equipment (PPE)
- ◇ Discuss emergency responses to hazmat incidents to determine whether or not response can be taken in a safe manner

24-Hour HAZWOPER

General CEUs: 2.4 **Course Fee:** \$300

Course is available online or as a contract class. Contact our office for more details:

usfotioutreach@health.usf.edu

This training is designed for hazardous waste and emergency response workers who must satisfy their 24-hour HAZWOPER training requirement. OSHA standards require employees to complete appropriate HAZWOPER training prior to entering or beginning work on an uncontrolled hazardous waste operation.

Upon successful completion of this OSHA accepted 24-hour HAZWOPER course, you will receive your University of South Florida OSHA Training Institute Education Center Program Certificate.

8-Hour HAZWOPER

General CEUs: .8 **Course Fee:** \$150

Course is available online or as a contract class. Contact our office for more details:

usfotioutreach@health.usf.edu

This refresher training course will help employees assess the hazards associated with uncontrolled hazardous waste sites to determine whether work can be conducted in a safe manner

Upon successful completion of this OSHA accepted 8-hour HAZWOPER course, you will receive your University of South Florida OSHA Training Institute Education Center Program Certificate.

Course Schedule by State > City

ALABAMA		
MOBILE		
START DATE	END DATE	COURSE
Jan 12	Jan 15	OSHA 5600

FLORIDA		
CLEARWATER		
START DATE	END DATE	COURSE
Jan 06	Jan 08	OSHA 2264
Mar 09	Mar 12	OSHA 511
Mar 23	Mar 26	OSHA 501

DAYTONA BEACH		
START DATE	END DATE	COURSE
Apr 06	Apr 09	OSHA 511
Apr 13	Apr 16	OSHA 501

JACKSONVILLE		
START DATE	END DATE	COURSE
Jan 05	Jan 08	OSHA 510
Jan 12	Jan 15	OSHA 500
Apr 14	Apr 16	OSHA 5402
May 04	May 07	OSHA 521

MIRAMAR		
START DATE	END DATE	COURSE
Jan 20	Jan 23	OSHA 2225
Feb 02	Feb 05	OSHA 5600
Feb 23	Feb 26	OSHA 510
Feb 23	Feb 26	OSHA 6000
Mar 09	Mar 12	OSHA 5400
Mar 09	Mar 12	OSHA 500
Mar 16	Mar 19	OSHA 521
Mar 24	Mar 26	OSHA 3115
Apr 6	Apr 8	OSHA 502
Apr 8	April 10	OSHA 503

FLORIDA		
MIRAMAR		
START DATE	END DATE	COURSE
Apr 13	Apr 16	OSHA 2015
Apr 20	Apr 23	OSHA 510
Apr 20	Apr 23	OSHA 511
May 04	May 07	OSHA 501
May 11	May 14	OSHA 500
Jun 22	Jun 25	OSHA 511
Jun 29	Jul 02	OSHA 510

ORLANDO		
START DATE	END DATE	COURSE
Feb 09	Feb 12	OSHA 511
Feb 23	Feb 26	OSHA 501
Mar 16	Mar 20	OSHA 5410
Apr 06	Apr 09	OSHA 5400
Apr 13	Apr 13	OSHA 7205
Apr 14	Apr 14	OSHA 7300
Apr 15	Apr 15	OSHA 7500
Apr 16	Apr 16	OSHA 7505
Apr 27	Apr 30	OSHA 3095
Jun 08	Jun 11	OSHA 511
Jun 22	Jun 25	OSHA 510

ST. AUGUSTINE		
START DATE	END DATE	COURSE
Apr 06	Apr 09	OSHA 510
May 04	May 07	OSHA 500
May 18	May 21	OSHA 501
Jun 01	Jun 04	OSHA 510
Jun 22	Jun 25	OSHA 500

WESLEY CHAPEL		
START DATE	END DATE	COURSE
Jan 12	Jan 15	OSHA 511
Jan 12	Jan 14	OSHA 502
Jan 14	Jan 16	OSHA 503
Jan 20	Jan 23	OSHA 2045

Course Schedule by State > City

FLORIDA		
WESLEY CHAPEL		
START DATE	END DATE	COURSE
Jan 20	Jan 23	OSHA 501
Jan 26	Jan 29	OSHA 510
Jan 26	Jan 30	OSHA 5410
Feb 02	Feb 05	OSHA 5400
Feb 02	Feb 05	OSHA 3095
Feb 09	Feb 12	OSHA 500
Feb 17	Feb 19	OSHA 3115
Mar 02	Mar 06	40 Hour Hazwoper
Mar 03	Mar 05	OSHA 2264
Mar 30	Apr 02	OSHA 510
Apr 06	Apr 09	OSHA 500
Apr 07	Apr 07	OSHA 5602
Apr 16	Apr 16	OSHA 7845
May 04	May 08	OSHA 5410
May 11	May 14	OSHA 511
May 18	May 20	OSHA 2255
Jun 01	Jun 04	OSHA 5400
Jun 02	Jun 04	OSHA 3115
Jun 08	Jun 11	OSHA 501
Jun 15	Jun 18	OSHA 6000
Jun 22	Jun 25	OSHA 2015
Jun 22	Jun 25	OSHA 2045

FLORIDA		
WEST PALM BEACH		
START DATE	END DATE	COURSE
Jan 27	Jan 29	OSHA 3015
Feb 17	Feb 17	OSHA 7200
Feb 18	Feb 18	OSHA 7205
Feb 19	Feb 19	OSHA 7500
Feb 20	Feb 20	OSHA 7510
Feb 20	Feb 20	OSHA 7845
Jun 15	Jun 18	OSHA 5600

MISSISSIPPI		
BILOXI		
START DATE	END DATE	COURSE
Jan 05	Jan 08	OSHA 511
Feb 09	Feb 13	OSHA 5410
Feb 17	Feb 20	OSHA 501
Mar 16	Mar 19	OSHA 2045
Mar 30	Apr 02	OSHA 510
Apr 06	Apr 09	OSHA 5600
Apr 20	Apr 23	OSHA 500
Apr 27	May 01	OSHA 5410
May 11	May 14	OSHA 5400
May 18	May 21	OSHA 510
Jun 15	Jun 18	OSHA 500
JACKSON		
START DATE	END DATE	COURSE
Mar 02	Mar 05	OSHA 510
May 11	May 14	OSHA 3095



Additional Resources Available at USF

USF SafetyFlorida
Consultation Program

USF SafetyFlorida Consultation Program **www.usfsafetyflorida.com** **1-866-273-1105**

USF SafetyFlorida provides free safety consultation statewide to Florida's small businesses. Companies can request a safety and health consultation at www.usfsafetyflorida.com/Consultation-Request-Form or by calling (866) 273-1105. During the consultation visit by USF SafetyFlorida, your company can earn the

Sunshine State Safety Award if managers and employees demonstrate a commitment to continuous improvement of the effectiveness of the company's workplace safety and health management system.

In addition, USF SafetyFlorida can help your company qualify for the OSHA Safety and Health Achievement Recognition Award (SHARP). With SHARP, your company can become exempt from OSHA enforcement inspections if you operate an exemplary safety and health management system. To reward such employers, OSHA allows those who meet eligibility requirements to become exempt from OSHA inspections for a period of up to two years and then receive renewal exemptions for up to three additional years. For details on SHARP, call (866) 273-1105.

Consultants will:

- ◆ Help employers recognize hazards in the workplace
- ◆ Assist employers in developing or maintaining effective safety and health management programs
- ◆ Suggest general approaches or options for solving a safety or health problem
- ◆ Identify resources available if an employer needs further assistance

Provide employers with a written report summarizing findings and

Provide safety and health training

Consultants will not:

- ◆ Issue citations or propose penalties for violations of OSHA standards



For more information about USF SafetyFlorida or to request a free consultation, visit www.usfsafetyflorida.com or call toll-free 1-866-273-1105.



USF OSHA Training Institute Education Center



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