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Volume 3, Issue 6

June 2015



The USF OSHA Training Institute Education Center will offer the following courses from June-July 2015:

[40 hour](#) Hazwoper - June 1-5

[3115](#) - Fall Protection, June 2-4 - Wesley Chapel, FL

[501](#) - Trainer Course in Occupational Safety and Health Standards for General Industry, June 8-11 - Wesley Chapel, FL

[511](#) - Occupational Safety and Health Standards for General Industry, June 8-11 - Orlando, FL

[500](#) - Trainer Course in Occupational Safety and Health Standards for the Construction Industry, June 15-18 - Biloxi, MS

[510](#) – Occupational Safety and Health Standards for the Construction Industry, Wesley Chapel, FL

[500](#) - Trainer Course in Occupational Safety and Health Standards for the Construction Industry, June 22-25 - St. Augustine, FL

[510](#) - Occupational Safety and Health Standards for the Construction Industry, June 20-25 - Orlando, FL

[511](#) - Occupational Safety and Health Standards for General Industry, June 22-25, - Miramar, FL



USF OSHA Training Institute Education Center
'Florida's Workplace Safety Training and Continuing Education Resource'
Wesley Chapel, Florida

From the Director's Desk



Dear {FIRST_NAME|Student},

I hope you enjoyed a safe Memorial Day! Many thanks to our service men and women who served in the U.S. Military Armed Forces to protect our freedom.

The USF SafetyFlorida Consultation Program and USF OSHA Training Institute Education Center were pleased to lend their support in recognition of the National Safety Stand-Down Campaign, geared towards preventing falls in construction.

From May 6-15, we offered the following events:

Event Name/Type:	Date:	# of Participants
OSHA # 7405 - Fall Awareness Class Miami	May 6, 2015	27
OSHA # 7405 - Fall Awareness Class Ft. Lauderdale	May 8, 2015	12
National Safety Stand-Down Tampa	May 11, 2015	32
National Safety Stand-Down Ft. Lauderdale	May 12, 2015	16
National Safety Stand-Down Winter Park	May 13, 2015	15
National Safety Stand-Down Jacksonville	May 14, 2015	15
Fall Protection Webinar	May 15, 2015	113
OSHA # 7405 - Fall Awareness Class	May 15, 2015	30

[2015](#) - Hazardous Materials, June 22-25 - Wesley Chapel, FL

[2045](#) - Machinery and Machine Guarding Standards, June 22-25 - Wesley Chapel, FL

[510](#) - Occupational Safety and Health Standards for the Construction Industry, June 29-July 2 - Ft. Lauderdale, FL

[500](#) – Trainer Course in Occupational Safety and Health Standards for the Construction Industry, July 6-9 - Wesley Chapel, FL

[501](#) - Trainer Course in Occupational Safety and Health Standards for General Industry, July 6-9 – Jacksonville, FL

[511](#) - Occupational Safety and Health Standards for General Industry, July 6-9 – Ft. Lauderdale, FL

[501](#) - Trainer Course in Occupational Safety and Health Standards for General Industry, July 13-16 - Ft. Lauderdale, FL

[511](#) - Occupational Safety and Health Standards for General Industry, July 13-16 - Wesley Chapel, FL

[5402](#) – Update for Maritime Industry Outreach Trainers, July 14-16 - Wesley Chapel, FL

[3095](#) – Electrical Standards, July 20-23 – Ft. Lauderdale, FL

[502](#) – Update for Construction Industry Outreach Trainers, July 20-22 - Wesley Chapel, FL

[510](#) - Occupational Safety and Health Standards for the Construction Industry, July 20-23 - Wesley Chapel, FL

[5410](#) – Occupational Safety and Health Standards for the Maritime

Through combined training efforts, USF SafetyFlorida Consultation Program and USF OTI Education Center were successfully able to reach a total of 260 participants to raise awareness pertaining to falls in construction and methods of preventing falls from occurring.

At a recent stand-down presentation, U.S. DOL Deputy Secretary Chris Lu stated, “keep talking about fall hazards, keep educating and training your workers, and keep dedicating yourselves to preventing falls at your worksites. Together, we can ensure that at the end of every workday, every worker can go home safe.”

In calendar year 2013, falls in construction accounted 36.5% of deaths in the U.S. We would like to see this trend decrease throughout the state of Florida and nationwide.

The USF OTIEC will continue working with the USF SafetyFlorida Consultation Program to support the Occupational Safety and Health Administration’s efforts in the future. Stay tuned for our next Safety Campaign.

Stay Safe,

Robert E. Nesbit

Program Director

USF OSHA Training Institute Education Center



You're invited! Free Heat Illness Webinar

Industry, July 20-24 – Jacksonville, FL

[503](#) – Update for General Industry Outreach Trainers, July 22-24 - Wesley Chapel, FL

[500](#) - Trainer Course in Occupational Safety and Health Standards for the Construction Industry, July 27-30 - Ft. Lauderdale, FL

[510](#) - Occupational Safety and Health Standards for the Construction Industry, July 27-30 - Wesley Chapel, FL

[Click here](#) for a full listing of classes.

Invitation to a FREE Webinar on Heat Illness Prevention

Date: Thursday, May 28, 2015

Time: 10:00 AM – 11:30 AM

To register, please go to: <https://attendee.gotowebinar.com/register/5506184172723922689>

Email: ajforbes@health.usf.edu

Toll-free: 1-866-273-1105

The USF SafetyFlorida Consultation Program and the USF OTI Education Center are hosting a free webinar on Heat Illness Prevention and you are cordially invited to attend.

"Heat illness" is any serious medical condition that results from the body not being able to cope with a particular heat load. Every year, thousands of workers become sick from occupational heat exposure, and some even die. These illnesses and deaths are preventable. Join us for a free webinar that will provide guidance and assistance to prevent such work related injuries and deaths.

Topics to be covered:

- Why is heat a hazard to workers?
- Understanding the definition of heat illness
- How to recognize heat illness causes and symptoms
- Who could be affected by heat?
- Heat illness risks in indoor and outdoor work environments as well as personal risk factors
- Steps to take to prevent heat-related illness
- Heat illness and temporary workers



www.osha-otc.org
(813) 994-1195

www.usfsafetyflorida.com
(813) 974-9962

Every year, thousands of workers become sick from occupational heat exposure, and some even die. These illnesses and deaths are preventable. Join us for a FREE webinar that will provide guidance and assistance to prevent such work related injuries and deaths.

The Heat Illness Prevention Webinar will be held on **Thursday, May 28, 2015** from **10:00am-11:30am**.

Register now to attend this FREE Heat Illness Prevention Webinar at <https://attendee.gotowebinar.com/register/5506184172723922689> or call (813) 974-9962 for more information.



70th Annual Workers' Compensation Conference

See You in August!

The 70th annual Workers' Compensation Educational Conference will take place from August 23 - 26, 2015, at the Orlando World Center Marriott.

The Workers' Compensation Conference is a national event that brings safety industries together to discuss various workers' compensation programs and workplace safety practices.

The USF OSHA Training Institute Education Center has been participating in this conference by offering the OSHA 10- hour General Industry course since 2009.

Please be sure to join us! Stay tuned for more information...

Tuna company finds themselves in hot water after the death of a worker



Bumble Bee Foods, LLC Plant based in Santa Fe Springs, California was recently issued a willful citation for failure to implement a safety plan and properly assess danger to employees working in-or-around large ovens, after plant worker, Jose Melena was found dead in the plants pressure cooker.

On the evening of October 11, 2012, Melena, 62, was performing routine maintenance at one of the plants 35-foot long cylindrical ovens. Co-workers unaware that Mr. Melena was inside the machine performing maintenance at the time, permitted to power-on and fill the pressure cooker with 12,000 pounds of canned tuna.

According to the California Division of Occupational Safety and Health (CAL/OSHA), a supervisor noticed that Jose Melena was missing, and made an announcement to other workers via intercom. Co-workers immediately took to trying to locate Melena within the facility, as well as the parking lot.

Unfortunately, Melena's body was later found inside of the very same pressure cooker in which he had been performing maintenance.

The company's Plant Operations Manager and former Safety Manager were each brought up on charges for willfully violating OSHA's rules that ultimately lead to the death of Mr. Jose Melena. If convicted, both employees could face up to three years of prison time, in addition to fines totaling \$250,000. Bumble Bee Foods also faces fines totaling \$1.5 million.

The plant was previously visited in recent months for other safety violations.

"For the past year, prosecutors and investigators from my office have begun rolling out to major industrial incidents involving serious worker injuries and death," District Attorney Jackie Lacey said in a press release. "Our goal is to enhance the criminal prosecution of workplace safety violations. Although the Bumble Bee investigation began in 2012, this case represents our commitment to protecting workers from illegal — and, potentially, deadly — on-the-job practices."

To view the CNN news release, [click here](#).

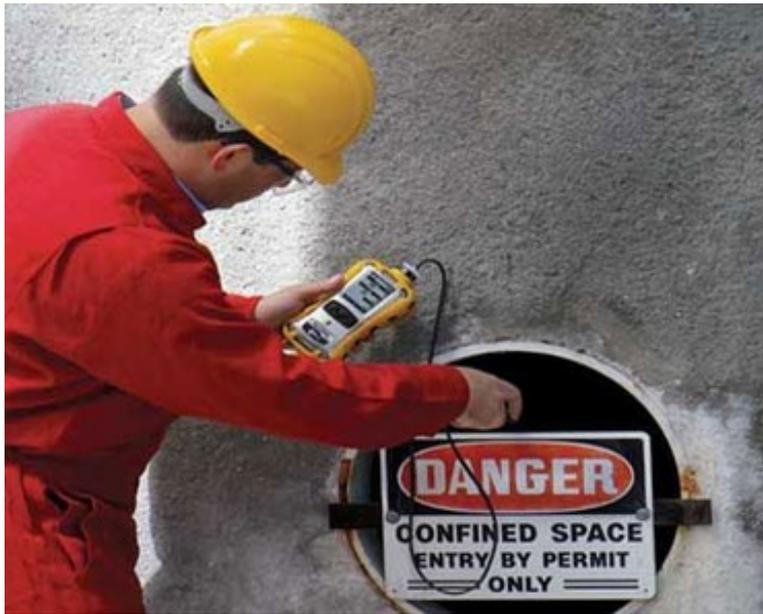
USF OTIEC promotes safety awareness amongst workers. Ensure that your employees are fully trained and knowledgeable of safety and health hazards (beginning with) associated with the recognition of

confined space entry and lockout/tagout procedures necessary when conducting service and maintenance activities on equipment and machinery.

The USF OTIEC offers the following courses authorized by OSHA related to Confined Space Entry and Lockout/Tagout:

- [OSHA 7300](#) – Understanding OSHA's Permit-Required Confined Space Standard
- [OSHA 2264](#) – Permit-Required Confined Space Entry
- [OSHA 7115](#) – Lockout/Tagout

News Release: Confined Space Rule Revised



Effective August 3, 2015, recent changes made to the Confined Space Standard will be enforced. Previously the only requirement for confined spaces in the construction industry, was training. OSHA concluded this was inadequate as injuries and fatalities continued to occur. Changes to the standard come just after OSHA attempts to increase protections for construction workers.

As stated by Secretary of Labor Thomas E. Perez, "This new rule will significantly improve the safety of construction workers who enter confined spaces. In fact, we estimate that it will prevent about 780 serious injuries every year."

According to OSHA.gov, "confined spaces" are not necessarily designed for people, they are large enough for workers to enter and perform certain jobs. A confined space also has limited or restricted means for entry or exit and is not designed for continuous occupancy. Confined spaces include, but are not limited to, tanks, vessels, silos, storage bins, hoppers, vaults, pits, manholes, tunnels, equipment housings, ductwork, pipelines, etc."

Confined Space in Construction Basic information:

- Space evaluation must be done by a competent person
- Continuous atmospheric monitoring when technology is available

- Continuous monitoring for engulfment hazards if in a continuous system (sewers)

Explicitly requires:

- Permits may be “suspended” instead of “cancelled”, provided the employer conducts a full evaluation prior to re-entry
- Employers develop a plan for summoning local emergency services and to contact them before starting work if relying on them for entry rescue.
- During controlled atmosphere/alternate procedures entry, employers may control/isolate physical hazards instead of eliminating them.

The OSHA confined spaces web page has been updated with information on the new rule. This includes the final rule, FAQs, compliance assistance materials, case studies, and construction e-tool at <http://www.osha.gov/confinedspaces/index.html>

Take advantage of the [OSHA # 2264](#) – Permit-Required Confined Space Entry course that the USF OTIEC is offering this coming August 2015! Also, we offer a one day course [OSHA # 7300](#) - Understanding OSHA’s Permit-Required Confined Space Standard. Please email us at usfotioutreach@health.usf.edu for group discounts.

New "It's the Law" poster aimed at preventing workplace injuries and protecting workers' rights



Job Safety and Health IT'S THE LAW!

All workers have the right to:

- A safe workplace.
- Raise a safety or health concern with your employer or OSHA, or report a work-related injury or illness, without being retaliated against.
- Receive information and training on job hazards, including all hazardous substances in your workplace.
- Request an OSHA inspection of your workplace if you believe there are unsafe or unhealthy conditions. OSHA will keep your name confidential. You have the right to have a representative contact OSHA on your behalf.
- Participate (or have your representative participate) in an OSHA inspection and speak in private to the inspector.
- File a complaint with OSHA within 30 days (by phone, online or by mail) if you have been retaliated against for using your rights.
- See any OSHA citations issued to your employer.
- Request copies of your medical records, tests that measure hazards in the workplace, and the workplace injury and illness log.

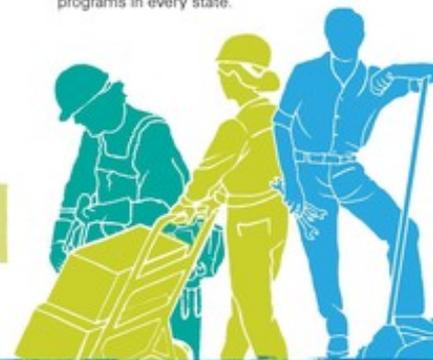
This poster is available free from OSHA.

Employers must:

- Provide employees a workplace free from recognized hazards. It is illegal to retaliate against an employee for using any of their rights under the law, including raising a health and safety concern with you or with OSHA, or reporting a work-related injury or illness.
- Comply with all applicable OSHA standards.
- Report to OSHA all work-related fatalities within 8 hours, and all inpatient hospitalizations, amputations and losses of an eye within 24 hours.
- Provide required training to all workers in a language and vocabulary they can understand.
- Prominently display this poster in the workplace.
- Post OSHA citations at or near the place of the alleged violations.

FREE ASSISTANCE to identify and correct hazards is available to small and medium-sized employers, without citation or penalty, through OSHA-supported consultation programs in every state.

Contact OSHA. We can help.



1-800-321-OSHA (6742) • TTY 1-877-889-5627 • www.osha.gov

What's new you ask? The OSHA It's the Law poster has been updated to include recordkeeping reporting requirements that became effective as of January 1, 2015, and informs employers and employees of their rights and responsibilities.

"This poster emphasizes a very important principle when it comes to prevention - that every worker has a voice," said Assistant Secretary of Labor for Occupational Safety and Health Dr. David Michaels. "Workers need to know their rights and be able to use their rights, without fear of retaliation, when they believe that their safety or health is at risk."

Older versions of the poster are still good, and do not need to be replaced. However, if you would like a copy of the new poster, click [here](#) to print it out or visit <https://www.osha.gov/Publications/poster.html> to request your free copy.

If you are in a state with an [OSHA-approved state plan](#), there may be a state version of the OSHA poster. Federal government agencies must use the [Federal Agency Poster](#).

OSHA seeks to prevent heat illness with revised phone app



It's that time of year again! As the summer heat rolls in and the heat index begins to rise, the Occupational Safety and Health Administration (OSHA) would like to remind all outdoor workers of the dangers of heat illness and heat stress, as well as the importance of scheduling frequent water breaks, providing shade and allowing ample time to rest.

OSHA's [Heat Safety Tool App](#) has been tweaked to include full-screen color alerts, improved navigation, and phone system compatibility upgrades. What's more, the new and improved version of the app provides daily maximum heat index to help workers prepare for extreme heat conditions and plan work schedules accordingly.

The App is readily available to iOS and Android users.

Be among the 187,000 plus users that have already benefited from installing this life-saving phone app.

USF SafetyFlorida Offers FREE Services to Florida Businesses

Visit the USF SafetyFlorida Consultation Program to learn how your company may benefit from a **free** and confidential safety and health consultation.

Role of the Consultant

Consultants will:

- Help employers recognize hazards in the workplace
- Assist employers in developing or maintaining effective safety and health management programs
- Suggest general approaches or options for solving a safety

or health problem

- Identify resources available if an employer needs further assistance
- Provide employers with a written report summarizing findings and
- Provide safety and health training

Consultants will not:

- Issue citations or propose penalties for violations of OSHA standards

For more information about USF SafetyFlorida or to [request a free consultation](#), visit www.usfsafetyflorida.com or call toll-free 1-866-273-1105.

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OSHA News

Did you know? OSHA issues the QuickTakes online newsletter twice a month. The online newsletter is as awesome tool for learning about new

OSHA initiatives, enforcement activities, workers' rights and educational resources.

Help OSHA to reach their goal of **100,000 subscribers**! You can help by subscribing to QuickTakes today. It's easy to join and of course, it's free to use!

Anyone can sign up by visiting OSHA's website at www.osha.gov and clicking on the QuickTakes button at the top of the page.



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